

**PAROLE AND SUPERVISION SERVICES
COMMUNITY RESOURCE DIRECTORY
NORTH PLATTE & SURROUNDING AREAS**

2019

The Department of Parole and Supervision Services keeps records of community service providers that provide services to clients across the state. This information is reviewed annually. Although we try to maintain accurate and reliable information, we cannot guarantee all information in this summary to be totally accurate. We suggest anyone interested in service delivery by a provider; contact that provider to determine if the service provider information is correct.

THE NORTH PLATTE COMMUNITY RESOURCE SUMMARY WAS UPDATED BY REQUESTING EACH PAROLE OFFICER, WHO COVERS OR WORKS WITHIN THAT TERRITORY TO VERIFY THE CORRECT BUSINESS, PHONE NUMBER AND ADDRESSES AND TO EVALUATE THEIR CONTINUAL USE AS A REFERRAL SOURCE. THIS COVERS THE NORTH PLATTE AREA.

ANY PREVIOUS AGENCIES THAT ARE NO LONGER CURRENT WERE DELETED AND ANY NEW AGENCIES WERE ADDED TO THE RESOURCE SUMMARY.

IF, AS A USER OF THIS SUMMARY, YOU BECOME AWARE OF A RESOURCE THAT IS NOT LISTED, PLEASE CONTACT ALICIA ESPAÑA 402-219-3263, AT THE NORTH PLATTE PAROLE OFFICE SO THAT THE RESOURCE CAN BE EVALUATED AND ADDED TO THIS DOCUMENT, AS APPROPRIATE. THANK YOU FOR ASSISTING THE DEPARTMENT OF PAROLE AND SUPERVISION SERVICES – NORTH PLATTE REGIONAL PAROLE OFFICE IN KEEPING THIS DOCUMENT CURRENT.

*****For further information, please reference the P Drive. Click on Community Resources and reference your area of interest. *****

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North Platte Resource Directory
Vicinity Area Crisis Line (24 hour)

Fire, Medical Emergencies, or Police 911

American Red Cross-Military Emergency ... 1-800-987-4272

Boystown National Hotline ... 1-800-448-3000

Child/Adult – Abuse/Neglect Hotline ... 1-800-652-1999

Domestic Violence & Sexual Assault Crisis Lines:

 North Platte....308-534-3495

 Ogallala.....308-284-6055

 McCook.....308-345-5534

Emergency Highway Help ... 1-800-525-5555

HHSS Child/Adult Abuse Reporting Hotline...800-652-1999

Poison Center ... 1-800-222-1222

AGING PARTNERS

WEST CENTRAL NEBRASKA AREA AGENCY ON AGING – 115 N. Vine St. North Platte, NE PH: 308-535-8195, 800-662-2961 <http://www.wcnaaa.com/>

ALCOHOL/DRUG/GAMBLING PROGRAMS

AURORA COUNSELING – P.O. BOX 2078 NORTH PLATTE, NE 69101 PH: 308-532-2335 Offers substance abuse counseling services.

CORA S. BERRY, PC – 812 W. 13TH McCook, NE 69001 PH: 308-345-1429
Offers substance abuse counseling services (willing to cover surrounding counties.)

COUNSELING CENTER – 421 NORTH OAK STREET NORTH PLATTE, NE 69101 PH: 308-532-8300 and McCook Offers outpatient counseling, relapse prevention and SAP evaluations. They are also the local provider for the Continuous Alcohol Monitoring program (CAM).

COUNSELING PROFESSIONALS – 513 N. Grant St. Suite D LEXINGTON, NE 68850 PH: 308-324-3785 Also located in McCook at 1701 West N Street PH: 308-345-4076 Offers substance abuse counseling services.

FOUR ROADS/ TWO BRIDGES COUNSELING – 513 N. GRANT Suite 3A LEXINGTON, NE 68850 PH: 308-324-0222 Offers substance abuse counseling services, Also offers Spanish speaking therapist.

HEARTLAND COUNSELING AND CONSULTING CLINICS – 110 North Bailey North Platte, NE 69103 – PH: (308) 534-6029 Offers individual and group counseling for drug and alcohol abuse as well as mental health counseling. Also provides services for McCook (308-345-2770), Ogallala (308-284-6767), Imperial (308-882-4203), and Lexington (308-324-6754).

LUTHERAN FAMILY SERVICES – 120 East 12th St. North Platte, NE 69101 PH: 308-532-0587 **Satellite Offices: McCook (308) 345-7914; Lexington (308) 324-6995** Provides a variety of individual, group and family counseling for drug, alcohol abuse and mental health, including intensive outpatient treatment covering a variety of issues which ranges between 60 and 68 hours of direct services. Works with EMDR for PTSD. Sliding scale fee. There is also a Veteran's grant to help with the cost.

NEW BEGINNINGS THERAPY – 308 W 4th STREET NORTH PLATTE, NE 69101 PH: 308-532-0777 Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

OGALLALA COUNSELING PC – 103 E. 10th Street P.O. Box 297 Ogallala, NE 69153 PH: 308-284-6519 Offers substance abuse counseling services and mental health.

**Oxford Houses of NE Halfway House –
Oxford House Middleton
920 W. 1st Street
North Platte, NE 69101
PH: (308) 221-6341
Gender: Male
Beds/Vacancies: 6**

**PANHANDLE MENTAL HEALTH CENTER –2246 JACKSON ST. SIDNEY, NE 69162
PH: 308-254-2649** Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

COMMUNITY CENTERS AND EMERGENCY SERVICES

CONNECTION HOMELESS SHELTER – 511 N Jeffers North Platte, NE PH: 308-532-5050 Resource offering food and shelter for the homeless. Apartments are available for families, for a nominal fee.

GRACE MINISTRIES – 114 EAST C ST. North Platte, NE 69101 PH: 308-532-1238 Food Pantry.

HERSHEY BAPTIST CHURCH – 321 SUNSET DR. HERSHEY, NE PH: 308-368-5582 Food Pantry.

HOUSEHOLD GOODS & CLOTHING/FURNITURE – (SEE LISTING BELOW)

Bargain Bin – 421 E. 3rd, North Platte, NE PH: 308-534-9121

Goodwill Industries – 102 E. William Ave. North Platte, NE PH: 308-532-6221

The Thrift Connection – 422 E. 6th St. North Platte, NE PH: 308-534-7634

The Thrift Center – 218 W. 4th, North Platte, NE PH: 308-534-3514

SALVATION ARMY – 1020 N. Adams Ave. North Platte, NE 69101 PH: 308-532-2038
Offers food pantry and clothing.

COMMUNITY SERVICE LOCATIONS

1. GOODWILL
2. NEBRASKA GAME AND PARKS RECREATION
3. SALVATION ARMY
4. LOCAL ANTIQUE CAR SHOW ROOM
5. HABITAT FOR HUMANITY
6. ANIMAL SHELTER
7. LOCAL CHURCH
8. JUBILEE CENTER / FOOD PANTRY / SERVING FOOD
9. MID NEBRASKA COMMUNITY PARTNER ACTION GROUP
10. LOCAL PROVIDERS SPEAKING FOR GROUPS SHARING STORY
11. AA/NA CLUB HOUSE IN TOWN
12. ST FRANCIS DRUG AND ALCOHOL GRAND ISLAND
13. OXFORD HOUSE
14. S.A.F.E CENTER IN KEARNEY

EDUCATION AND EMPLOYMENT ASSISTANCE

NAF (Multicultural Human Development Corporation) –Administrative Office located in North Platte, NE. Offers classes to learn English as a second language, GED certification, financial assistance for college tuition, on the job training, job seeking skills and help with job placement.

CENTRAL COMMUNITY COLLEGE – 1501 Plum Creek Parkway Suite 1 LEXINGTON, NE 68850. PH: 308-324-8480 Academic College Services include GED instruction and testing for adults who wish to improve their education.

MID PLAINS COMMUNITY COLLEGE (Adult Basic Education) 1101 Halligan Dr. and 601 W State Farm Rd, North Platte, NE. 69101 PH: 308-535-3600 (Toll Free 800-658-4308 Other campuses at McCook 308-345-8100 and Ogallala 308-284-9830 Technical/Vocational College and Academic College. Services include GED instructions and testing for adults who wish to improve their education.

SIDNEY CENTER (WESTERN NE COMMUNITY COLLEGE), 371 COLLEGE DR. SIDNEY, NE 69162 PH: 308-254-5450 TOLL FREE: 800-222-9682

Technical/Vocational College and Academic College- Services include GED instruction and testing for adults who wish to improve their education.

WORK FORCE DEVELOPMENT – 306 E. 6TH ST. Suite #140 NORTH PLATTE, NE 69101 PH: 308-535-8320; Lexington, NE 68850 1501 Plum Creek Parkway, Suite 3 PH: 308-324-2064; McCook, NE 69001 212 E B PH: 308-345-8470; Sidney, NE 69162 923 8th Avenue PH: 308-254-6937 Offers employment assistance and also provide testing and evaluation services for possible job placement.

NEBRASKA VOCATIONAL REHABILITATION – 200 South Silber St. North Platte, NE 69101 PH: 308-535-8100 Provides assistance for educational and or training programs for parolees with physical and mental limitations. This office covers Southwestern NE.

FINANCIAL AND HOUSING ASSISTANCE

NE DEPARTMENT OF HEALTH AND HUMAN SERVICES SYSTEM - 200 S. Silber St. North Platte, NE 69101 PH: 308-535-8200 Provides services for food stamps, childcare, aid to families with dependent children, and low-income assistance. (Satellite offices in Ogallala, Imperial, McCook and Lexington, NE.)

CITY OF NORTH PLATTE HOUSING AUTHORITY– 900 Autumn Park Dr. North Platte, NE 69101 PH: 308-534-4887 Housing Authority also located in Cozad (308-784-3661, Curtis (308-367-4168), Eustis (308-486-5444, Gothenburg (308-537-7275, Indianola (308-364-2423, Oshkosh (308-772-3941) Provides help for low- income families with rent if certain requirements are met.

SOCIAL SECURITY OFFICE – 300 E. 3RD NORTH PLATTE, NE 69101 PH: 308-532-9502 (TOLL FREE 800-772-1213) Provides help in starting the SSI process

FOOD PANTRIES

BRADY COMMUNITY BUILDING – 210 North Main Street Brady, NE – PH: (308) 584-3316 Open Monday-Friday 8am-Noon

COMMUNITY ACTION PARTNERSHIP OF MID-NEBRASKA – 900 East 10th Street North Platte, NE – PH: (308) 532-3250

GRACE MINISTRIES – 114 East C Street North Platte, NE – PH: (308) 532-1238
Open 1:00pm-3:00pm Monday-Friday

SALVATION ARMY – 1020 North Adams North Platte, NE – PH: (308) 532-2038
Open Mon-Thurs 9am-12pm & 1pm-4pm; Fri 9am-1pm, Soup supper: Fridays 5:30-6:30pm.

VALENTINE FOOD PANTRY- Located inside St. John’s Episcopal Church – 372 N Main Street Valentine, NE 69201 – PH: (402) 376-1172 Contact person: Christy Benson.
Valentine Food Pantry is open Thursday mornings from 10am-noon except on holidays.

HEALTH CARE

NEBRASKA VOCATIONAL REHABILITATION – 200 South Silber St. North Platte, NE. 69101 PH: 308-535-8100 Provides assistance for educational and or training programs for parolees with physical and mental limitations. This office covers Southwestern NE.

NE DEPARTMENT OF HEALTH AND HUMAN SERVICES SYSTEM - 200 S. Silber St. North Platte, NE 69101 PH: 308-535-8200 (Satellite offices in Ogallala, Imperial, McCook, Lexington and Sidney, NE) Provides services for food stamps, childcare, aid to families with dependent children, and low-income assistance.

LUTHERAN FAMILIY SERVICES – Women’s Health Services – 200 W. 7th St. LEXINGTON, NE. 68850 PH: 308-324-6223 Provides pregnancy testing and counseling for women.

HEALTH DEPARTMENTS CITY, COUNTY AND DISTRICT

Sandhills District Health Department Rhonda Theiler, Director 55 River Road Suite 24 Ogallala, NE 69153 PH: (308) 284-6054 (Arthur, Deuel, Grant, Hooker, Keith, and Thomas counties)

HOUSING ASSISTANCE AND HALFWAY HOUSING

Deborah's Legacy, INC.- North Platte , NE PH: 308-660-6792 www.deborahslegacy.org
Legacy is a community for women faced with homelessness. The mission of Legacy is to provide a faith-based sanctuary along with an array of support services, classes and educational opportunities for young women. Legacy's residential program provides long-term secure housing as a haven from the social, psychological and economic factors that drive women to desperate means for survival. Minimum stay is 6 months and Maximum stay in 2 years. No locked facility. Mental health needs will be referred to Heartland Counseling through Region II and substance abuse will be referred to Lutheran Family Services.

MENTAL HEALTH

AURORA COUNSELING SERVICES – P.O. Box 2078 NORTH PLATTE, NE 69101 PH: 308-532-2335 Offers Mental Health and Substance Abuse counseling services.

COUNSELING CENTER – 421 North Oak St. North Platte, NE 69101 PH: 308-532-8300
Offices also located in Lexington (308-324-1842) and McCook (308-345-5592) Offers mental health and substance abuse counseling services.

FOUR ROADS /TWO BRIDGES COUNSELING – 513 N. GRANT Suite 3A LEXINGTON, NE 68850. PH: 308-324-0222 Offers substance abuse counseling services. Also offers Spanish speaking therapist

HEARTLAND COUNSELING AND CONSULTING CENTER – 110 N. Bailey North Platte, NE 69101 PH: 308-534-6029 Offers individual and group counseling for drug and alcohol abuse as well as mental health counseling. These agencies also provide services for McCook (308-345-2770), Ogallala (308-284-6767), Imperial (308-882-4203), and Lexington, NE (308-324-6754)

LUTHERAN FAMILY SERVICES – 120 East 12th St. North Platte, NE. 69101 PH: 308-532-0587 **Satellite Offices: McCook (308-345-7914), Lexington (308-324-6995) and Gothenburg (308-537-4306)** Provides a variety of individual, group and family counseling for drug, alcohol abuse and mental health including intensive outpatient treatment covering a variety of issues which ranges between 60 and 68 hours of direct services. Sliding scale fee.

NEW BEGINNINGS THERAPY – 308 W 4th St. NORTH PLATTE, NE 69101 PH: 308-532-0777 Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

PANHANDLE MENTAL HEALTH CENTER – 2246 Jackson St. Sidney, NE 69162 PH: 308-254-2649 Offers individuals and group counseling for drug and alcohol abuse as well as mental health counseling.

SUPPORT GROUPS: AA, NA, GA, CA (see local telephone listings for locations and meeting times).

PANHANDLE PUBLIC HEALTH DISTRICT

Kim Engel, Director 808 Box Butte Avenue/Box 337 Hemingford, NE 69348 PH: 308-487-3600 Fax: 308-487-3682 Email:kengel@pphd.org Website: www.pphd.org
Banner County/Harrisburg, Box Butte County/ Alliance, Cheyenne County/Sidney, Dawes County/Chadron, Deuel County/Chappell, Garden County/Oskehosh, Kimball County/Kimball, Morrill County/Bridgeport, Sheridan County/Rushville, Sioux County/Harrison.

SEX OFFENDER PROGRAMMING

Jennifer Fisher-Sukup LIMHP LMHP LADC First Step to Freedom Counseling 516 North Dewey, Suite 1 North Platte NE 69101 PH: 308-660-3257, www.firststep2freedom.com Fax 1-800-616-0783 Jenniferxfisher@yahoo.com Registered provider with probation and parole and certified to provide substance abuse or mental health outpatient treatment, and evaluations. Registered provider of sex offender treatment and assessments.

Counseling Services
McCook and Surrounding Areas

Lutheran Family Services

Currently No Counseling Services at this time – Juvenile Diversion Services only

802 West B St. Suite 105

McCook, NE 69001

Phone: 308-345-7783 or 308-345-7914

See Lexington or North Platte Office

Fax: 308-345-2369

Unified Therapy Clinic, PC

Rebecca Wiemers, LCSW, MPA

Hannah Swanhorst, PLMHP, PCMSW

512 East B St., Ste. A P.O. Box 587

McCook, NE 69001

Phone: 308-345-4884

Fax: 308-345-2366

E-mail: unifiedtherapyclinic@gmail.com

Hours: By Appointment

Insurance: BCBS, Medicare, Midlands Choice, Continuum EAP, VA Choice

Rate: Sliding Fee

All Seasons Counseling Center, LLC

Merril W. Thomas, MS, LIMHP, CPC

207 West 2nd St.

McCook, NE 69001

Phone: 308-345-4676

Fax: 308-345-4676

Hours: 8:00am-5:00pm Monday thru Thursday

Insurance: Medicaid, Magellan, BC/BS, United Healthcare, may make arrangements with other providers as needed

Rate: Sliding Fee available

Ambience Counseling Center, LLC

Lindsay McConville, MS, LIMHP

Katherine Andrews, MA, LMHP

Julie Burns, LADC

Dr. Luke McConnell PysD. (By Appt.)

601 Norris Ave

McCook, NE 69001

Phone: 308-345-4067

Fax: 308-345-6067

Web site: www.ambiencecounseling.com

Insurance: BCBS, Medicaid, most major insurance accepted

Christian Counseling Center

Ed Putnam, MA, LMHP, CPC

603 East Ave.

Holdrege, NE 68949

717 North Brown

Alma, NE 38920

Phone: 308-995-9399

George Young, PLMHP

301 East 1st St.

McCook, NE 69001

Phone: 308-345-4880

Fax: 308-995-9399

Website: www.christiancounselingservice.net

Cora Simmerman Berry

Cora Simmerman Berry, MA, LMHP, LCPC, LPC, LADC
812 West 13th St. McCook, NE 69001
Phone: 308-345-1429
Fax: 308-345-6513
E-mail: db41303@msn.com

Hours: 7:00am-5:00pm Monday thru Friday: other appointment times available by request
Insurance: Medicaid, Magellan, BC/BS, Cigna, Midlands Choice, RCI, UBH, Coventry, Champ VA and other providers.
Probation Vouchers
Specialty: Domestic and Sexual Violence Survivors, Chemical Dependency, Mental Health, Anxiety, Depression, PTSD, Depression and Criminal Justice Evaluations.

Counseling Center

Jerri Phillips, MS, CPC, LMHP, NCC
109 East C St. McCook, NE 69001
Phone: 308-532-8300
Hours: Mondays Only

Insurance: Most insurance accepted
Specialty: Mental Health Therapy, Substance Abuse Counseling, Secure Continuous Remote Alcohol Monitoring, Criminal Justice Evaluations

Growth and Enrichment Counseling

Geraldine Brown, MS, LPC, LMHP
1007 West 14th St. McCook, NE 69001
Phone: 308-345-2932
Fax: 308-345-2932
Email: www.geraldinebrown.net

Hours: Day and Evening appointments available from 8:00am-8:00pm
Insurance: Medicaid, Magellan, BC/BS, Midlands Choice and other provider
Specialty: Domestic Abuse, Drug and Alcohol Counseling

Heartland Counseling and Consulting Clinic

*Tamara Johnson, MD *Kathryn Batson, APRN-NP Beth Cook, RN (*Medication Management)
Rebecca Durner, MA, LMHP Carrie Roberts, LCSW, LIMHP Marsha Wilkison, EdS, LIMHP
Brenda Ruf, LMHP, LADC
1012 West 3rd St., P. O. Box 818 McCook, NE 69001
Phone: 308-345-2770
Fax: 308-345-2557
Hours: M-F

Insurance: Medicare, Medicaid and HMO'S AND PPO'S
Rate: \$115 per Therapeutic hr., \$260 per MD hr. Sliding Fee available also

Jessie Relph –Region II Youth Care Coordinator

Heartland Counseling, Ogallala

Rhonda Osborn, LIMHP, LADC
740 Court St. Imperial, NE 69033 @ City Offices
Phone: 308-882-4203

Imperial: Tuesday 8:00am -11:00am; Thursday 8:00am- 12:30pm

Benkelman: Monday 1:00pm-5:00pm @ Dundy Co Specialty Clinic

Ogallala: 308-284-6767 – Call for Appt.

Insurance: Most insurance accepted **Mikayla Crawford-Region II Youth Care Coordinator**

Counseling Toward Hope

Nancy Carlson, LIMHP, MFT, LPC
Kris Earson, LMHP, LPC
710 Burlington St., P. O. Box 683
Phone: 308-995-6691
Fax: 855-995-6830
Bryce Riessland, LMHP, LADC, CSAT, CMAT
124 West 46th St., Suite 106
Phone: 308-440-5294
Patricia Hay-Holen LMHP
2315 West 39th St. Suite 103
Phone: 308-455-0145

Suzanne Lindsay, LMHP
Samantha Bradley, LMHP, RPT
Holdrege, NE 68949-0683
Arapahoe Office
Kearney, NE 68847
Kearney, NE 68847

Hours: Monday - Friday by appointment, plus evening hours available.
E-mail: holdregehope@gmail.com

Hours: Monday – Friday by appointment

Insurance: Most insurance accepted, as well as EAP services

Specialty: Child-Parent Psychotherapy services, trauma, autism, grief, parenting, marriage, depression, anxiety, codependency, grief, adoption, trauma, grief, eating disorders, substance abuse evaluations and treatment and EMDR Level 2 clinicians. Work with all age groups. Counselors are certified “Love and Logic”, “Within Our Reach”, “Got Your Back” as facilitators.

Lutheran Family Services - North Platte Office

Angel Nichols CFLE, MA, LIMHP
Sue Huebner MS, LIMHP, CCGC, LADC
120 East 12th
Phone: 308-532-0587
Fax: 308-532-0653

Sandra Young, MSED, LMHP, LADC
Janet Fear, PLMHP, PLADC
North Platte

Hours: Monday-Thursday 8:00am-8:00pm; Friday 8:00am-5:00pm

Insurance: Most Insurance accepted

All Therapists do individual, couples, families and substance abuse. Some are licensed for substance abuse alone. Also offered are groups for both adults and youth dealing with substance abuse.

Lutheran Family Services – Lexington Office

Rosie Anderson, LMHP, LADC
Claire Morrison - Pregnancy, Parenting and adoption Therapist and Maternal Health Coordinator
200 West 7th St. Box 3
Phone: 308-324-6400 (Counseling)
Phone: 308-324-6223 (Maternal Health)
Phone: 308-324-6995 (Family Support)
Phone: 308-324-2312 (Welcome Center- Immigration Legal Services)

Lexington, NE 68850

Hours By Appointment

Insurance: Most accepted

Specialty: Individual, Couples, Family Counseling, Intensive Family Preservation/Family Stabilization, Outpatient Substance Use, Intensive Outpatient Program (IOP), Substance Use Evaluations, Family Support Services, Pre and Post Adoption Services, Pregnancy Counseling Services, Maternal Health Care and Immigration Legal Services.

Next Level of Care – Psychological Services

NORTH PLATTE:

Behavioral Medicine Associates

Dr. Lee Kimzey, PsyD
Dr. Sara Schaffer, PsyD
Dr. Luke McConnell, PsyD (In McCook By Appointment)
306 West 4th St. North Platte, NE 69101
Phone: 308-534-4872

Cornerstone Counseling Services

Dr. John Guethlin, PsyD
108 East 2nd North Platte 69101
Phone: 308-534-9271
Insurance: Most Insurance Accepted
Specialty: Depression, Anxiety, Biofeedback, Domestic Violence, Dot Services, Marital/Family, Children/Adolescent

Platte River Counseling Professionals

Dr. John Striebel, Psy.D.
306 East 6th St. North Platte, NE 69101
Phone: 308-532-5565
Fax: 308-532-5575
Specialty:

Holdrege

Counseling Toward Hope

Samantha Bradley LMHP, RPT (Child-Parent Psychotherapy Services)
710 Burlington St. P. O. Box 683 Holdrege, NE.68949-0683
Phone: 308-995-6691
Fax: 855-995-6830
E-mail: holdregehope@gmail.com
Hours: Monday – Friday by Appointment
Insurance: Most insurance accepted, as well as EAP services
Specialty: Early childhood and adolescent counseling; one of 15 providers in state of NE trained for Child-Parent Psychotherapy services; certified Love and Logic Instructor. Bradley is a national presenter on early childhood development, trauma and autism.

KEARNEY:

Kearney Pediatrics Clinic

Dr. Nancy Foster, PhD (also associated w/ Munroe-Meyer Institute of Omaha, NE)
211 West 33rd St. Kearney, NE 68845
Phone: 308-865-2141
Fax: 308-865-2348
Hours: M-F 8:30am-5:00pm
Specialty: Children and adolescents; Disruptive behavior disorders; habits and tics; school problems; childhood obesity; academic problems; ADHD and Autism evaluations.

Michael Burke and Associates

Dr. Michael Burke, Psy.D
3720 Avenue A
Phone: 308-234-5644
Fax: 308-234-5652
E-mail:

Kearney, NE 68847

Hours: Monday – Friday 8:00 am-5:00pm, limited evening hours available by appt.
Specialty: Offers substance abuse treatment and mental health services that will support and enhance the personal growth and development of our clients. Sex offender evaluations are also done in the office.

Richard Young Outpatient Clinic

Dr. Hugo Gonzalez Nieto, MD
Yajuan Leonard, APRN
Jessica Sawyer, APRN
1755 Prairie View Place
Phone: 308-865-2249
Fax: 308-865-2931
E-mail: carolherron@catholichealth.net

Dr. Michael Arisa, MD
Emily Hensley, APRN
Bridget Mostek, LIMHP
Kearney, NE 68845

Website: richardyoungoutpatientclinic.org

Hours: Mon. – Thu. 8am-5pm, Fri. 8:00 am -Noon

Insurance: Medicare, Medicaid, BCBS, Midlands Choice & most other plans; call to verify

Specialty: Psychiatry, Medication Management, Initial Diagnostic Assessments, Therapy/Counseling

Telehealth: Robust telehealth system that allows patients to be seen closer to home; avoiding costly travel expense and time

GRAND ISLAND:

Dr. John Meidlinger, Ph.D.

207 North Pine St.
Phone: 308-384-9594
Fax: 308-384-0446
Website: drmeidlinger.com/my-practice

Grand Island, NE 68801

Hours: Monday – Friday 8:00am-5: pm

Specialty: Psychological Evaluations with doing evaluations for the court, Department of Health and Human Services, and other therapists. Dr Meidlinger also has been doing custody evaluations since 1982.

Wholeness Healing Center

Dr. David Duke, Ph.D
2608 Old Fair Road
Phone: 308-382-5297
Fax: 308-382-5315
Website: www.wholenesshealing.com

Grand Island, NE 68803

Specialty: Works with individuals, families and couples on relationship/marriage issues, men’s issues, anger problems, depression, anxiety, Bipolar Disorder, ADHD, behavior problems and the integrations of psychological and spiritual issues in crating a balanced life. Dr. Burke has extensive experience in psychological assessment.

Boys Town in Central Nebraska

3230 W. Wildwood Dr.

Phone: 308-381-4444

Specialty: Evaluations & Assessment

Grand Island NE 68801

Emergency Shelter

Boys Town in Home Family Services

121 N. Dewey, Suite206

Phone: 308-534-4015

North Platte, NE 69103

(Serving Area Communities)

Trained Family Consultants work with families that are struggling to stay together or are in danger of having a child removed from the home. No matter what the underlying cause – economic hardship, substance abuse, marital issues, family conflicts, health challenges or other – the goal is to keep children in the home or to reunify them with their family if they have been removed from their home. Consultants work right in the parents' home, helping them to improve parenting skills, create a safe, nurturing home for children and use resources in the community to solve problems on their own. Consultants are on call 24/7 to provide support and assistance.

Boys Town-National Hotline 1-800-448-3000

Nebraska Family Help Line – 1-888-866-8660

Raising kids is hard. It's ok to ask for advice.

The Nebraska Family Helpline is a free, confidential resource for parents who have questions regarding their child's behavior. From bullying, drugs and thoughts of suicide to sharing and obedience issues, trained counselors are standing by to help your family 24/7. **Any problem. Any time.** For hearing and speech impaired with TTY equipment call, **1-888-556-5117**

Counselor Credentialing Guide

Ph. D.	Doctor of Philosophy
Ed. D.	Doctor of Education
Psy. D.	Doctor of Psychology
Ed. S.	Education Specialist
M. A.	Master of Arts
M. Ed.	Master of Education (essentially the equivalent of the M.A.) EdM
M. S.	Master of Science
M. S. W.	Master of Social Work
B. A.	Bachelor of Arts
B. S.	Bachelor of Science
B. S. Ed.	Bachelor of Science in Education
B. S. W.	Bachelor of Social Work
ABD	All But Dissertation (NOT a degree! Be very wary of ANYONE listing this as a degree or credential!)
CADAC	Certified Alcohol and Drug Addictions Counselor
CCGC	Certified Compulsive Gambling Counselor
CFLE	Certified Family Life Educator
CPC	Certified Professional Counselor
CSAT	Certified Sexual Addictions Therapist
CMAT	Certified Multiple Addictions Therapist
LADC	Licensed Alcohol and Drug Counselor
LCSW	Licensed Clinical Social Worker
LMHP	Licensed Mental Health Practitioner
LIMHP	Licensed Independent Mental Health Practitioner
LMFT	Licensed Marriage and Family Therapist
MD	Doctor of Medicine
NCC	Nationally Certified Counselor
NCAC	Nationally Certified Addiction Counselor
P	Provisional License, whenever you see the P <u>in front</u> of the initials
RPT	Registered Play Therapist
RPTS	Registered Play Therapist Supervisor
SAP	Substance Abuse Professional
EMDR	Eye Movement Desensitization and Reprocessing

Fee and Sliding Fee Scale Clinics

Location	Name	Phone	Address Line 1	Clinic Type
Lincoln	People's City Mission Free Medical Clinic	402-817-0980	401 North 2 nd St.	Medical & Dental
Lincoln	Clinic with a Heart	402-421-2924	1701 S. 17 th #4g	Medical & Dental
Lincoln	People's Health Center			
Lincoln	NE Urban Indian Health Coalition	402-434-7177	2331 Fairfield	Medical
Lincoln	Matt Talbot Kitchen	402-477-4116	2121 No. 27 th St.	Monthly clinic with a Heart
Lincoln	Lincoln and Lancaster County Health Department	402-441-8015	3140 "N" St.	Dental
Lincoln/Omaha	UNMC Sharing Clinics	402-559-2666	804 So. 52 nd St.	Quarterly Medical
Lincoln/Omaha	UNMC Sharing Clinics	402-472-1341	UNMC College of Dentistry, 40 th & Holdrege Street	Quarterly Dental
Alliance	Alliance Migrant Health Clinic	308-762-3696	619 Box Butte Ave.	Seasonal
Chadron	CAPWN Dental Clinic	308-432-8142	221 Chadron Ave.	Dental
Columbus	Good Neighbor Community Health	402-563-9224	2282 E. 32 nd Ave.	Medical & Dental
Gering	CAPWN Health Center	308-632-2540	940 Crescent Dr.	Medical
Gering	CAPWN Dental Center	308-632-2279	940 Crescent Dr.	Dental
Grand Island	Heartland Health Center	308-382-4297	3307 W. Capital Ave	Medical
Grand Island	Third City Community Clinic	308-398-5312	1107 N. Broadwell Ave.	Medical & Dental
Hastings	Mary Lanning Healthcare Community Health Center	402-461-5265	606 N. Minnesota Ave.	Medical
Madison	Madison Medical Clinic	402-454-3304	222 S. Main St.	Medical & Dental
Norfolk	Midtown Health Center	402-371-8000	302 West Phillip Ave	Medical & Dental
North Platte	West Central District Health Dept. Dental Clinic	308-696-1201 ext. 228	107 No. Dewey St.	Dental
Omaha	One World Community Health Center	402-734-4110	4920 S. 30 th , Ste. 103	Medical & Dental
Omaha	Charles Drew Health Center, Inc.	402-453-1433	2915 Grant St.	Dental
Omaha	Charles Drew Health Center, Inc.	402-451-3353	2915 Grand St.	Medical
Omaha	One World West Omaha	402-505-3907	4101 So. 120 th St.	Medical & Dental

Omaha	One World Northwest Omaha	402-401-6000	4229 No. 90 th St.	Medical
Omaha	Benson Community Health Center	402-558-9242	5420 Northwest Radial Hwy	Medical
Omaha	Homeless Satellite Clinic	402-345-9860	Catholic Charities Campus for Hope, 1490 No. 16 th Street	Medical
Omaha	Homeless Satellite Clinic	402-346-8401	Sienna Francis House, 111 No. 17 th St.	Medical
Plattsmouth	Cass Family medicine	402-296-2345	122 South 6 th Street	Medical



Community Action Partnership Offices in Nebraska

Southeast Nebraska Community Action Partnership

Chief Executive Officer: Vicky McNealy

Main Offices: 802 Fourth Street Humboldt, NE 68376

Telephone: (402) 862-2411 or (402) 862-2412

Web Site: www.senca.org

Serves the Counties of Cass, Johnson, Nemaha, Otoe, Pawnee and Richardson.
Weatherization also serves Sarpy.

Community Action Partnership of Lancaster and Saunders Counties

Executive Director: Vi See

Main Offices: 210 "O" Street Lincoln, NE 68508

Fax: (402) 471-4844

Web Site: www.communityactionatwork.org

Serves the Counties of Lancaster and Saunders.

Navigators: Pam and Alfred

Blue Valley Community Action Partnership

Chief Executive Officer: Richard D. "Rick" Nation

Main Offices: 620 5th Street Fairbury, NE 68352

Telephone: (402) 729-2278

Web Site: www.bvca.net

Serves the Counties of Butler, Fillmore, Gage, Jefferson, Polk, Saline, Seward, Thayer and York
In Kansas: Jewell, Smith

Navigators:

Butler County: Cortney Hartz: (402) 729-2278, Extension 136

Fillmore County: Cortney Hartz: (402) 729-2278, Extension 136



Community Action Partnership Offices in Nebraska

Gage County: Donna Leikam: (402) 223-6034

Jefferson County: Ryan Bailey: (402) 729-5568
Roxanne Hammond: (402) 729-2278, Extension 124
Jamie Swartz: (402) 729-2278, Extension 121

Polk County: Lisa Epp: (402) 747-2102

Saline County: Jamie Vyhnalek: (402) 826-2141, Press 3 for Immunization
Graciela Quiroz: (402) 641-1799

Seward County: Cortney Hartz: (402) 729-2278, Extension 136

Thayer County: Ryan Bailey: (402) 768-6704

York County: Lisa Epp: (402) 362-3516

Español: Graciela Quiroz: (402) 641-1799

Northeast Nebraska Community Action Partnership

Chief Executive Officer: [Robin Snyder](#)

Main Office & Mailing Address: PO Box 667, 603 Earl Street Pender, NE 68047

Telephone: (402) 385-6300

Web Site: www.nencap.org

Serves the Counties of Antelope, Burt, Cedar, Cuming, Dakota, Dixon, Dodge, Knox, Madison, Pierce, Stanton, Thurston, Washington and Wayne

Navigator: Ashley Frevert



Community Action Partnership Offices in Nebraska

Central Nebraska Community Action Partnership

Chief Executive Officer: Cheryl Holcomb

Main Offices: 626 N Street Loup City, NE 68853

Telephone: (308) 745-0780

Web Site: www.welcome2cncs.com

Serves the Counties of Blaine, Boone, Boyd, Brown, Colfax, Custer, Garfield, Greeley, Hall, Hamilton, Holt, Howard, Keya Paha, Loup, Merrick, Nance, Platte, Rock, Sherman, Valley and Wheeler

Community Action Partnership of Mid Nebraska

Chief Executive Officer: Meredith Collins

Main Offices: 16 West 11th Street Kearney, NE 68847

Telephone: (308) 865-5675

Web Site: www.communityactionmidne.com

Serves the Counties of Adams, Arthur, Buffalo, Chase, Clay, Dawson, Dundy, Franklin, Frontier, Furnas, Gosper, Grant, Harlan, Hayes, Hitchcock, Hooker, Kearney, Keith, Lincoln, Logan, McPherson, Nuckolls, Perkins, Phelps, Red Willow, Thomas and Webster
In Kansas: Norton and Phillips

Navigators: Navigators are located in Kearney and North Platte and are willing to travel. Please contact 1-877-335-6422 to make an appointment.

Northwest Community Action Partnership

Executive Director: Karen Harbach

Main Offices: 270 Pine Street Chadron, NE 69337

Telephone: (308) 432-3393

Web Site: www.ncap.info

Serves the Counties of Box Butte, Cherry, Dawes, Sheridan and Sioux



Community Action Partnership Offices in Nebraska

Community Action Partnership of Western Nebraska

Chief Executive Officer: Margo Hartman

Main Offices: 3350 10th Street Gering, NE 69341-1700

Telephone: (308) 635-3089

Web Site: www.capwn.org

Serves the Counties of Banner, Cheyenne, Deuel, Garden, Kimball, Morrill, Scotts Bluff, and for Migrant Head Start, Box Butte County

Eastern Nebraska Community Action Partnership

Chief Executive Officer: Alex Gray

Main Offices: 2406 Fowler Avenue Omaha, NE 68111

Telephone: (402) 453-5656

Web Site: www.encapomaha.org

Serve Douglas and Sarpy counties.

Resolute Group

Main Offices: 11205 Wright Circle, Suite 140 Omaha, NE 68144

Toll Free: 844-233-7096

Telephone: 531-600-2271

Fax: 402-505-6233

Web site: <http://weareresolute.com/help-me-enroll/nebraska/>

Navigator services for Douglas and Sarpy counties.

Navigators: Tiffany and Courtney

Enroll NE Find Local Help -- <http://enroll-ne.org/local>