

**ADULT PAROLE**

**COMMUNITY RESOURCE DIRECTORY**

**OMAHA & SURROUNDING AREAS**

**2019**

*Adult Parole Administration keeps records of community service providers that provide services to parolees across the state. This information is reviewed annually. Although we try to maintain accurate and reliable information, we can not guarantee all information in this summary to be totally accurate. We suggest anyone interested in service delivery by a provider; contact that provider to determine if the service provider information is correct.*

**The Omaha District Community Resource Summary was updated by requesting each Parole Officer, who covers or works within that territory to verify the correct business, phone number and address, and to evaluate their continual use as a referral source. This Summary covers the Omaha, Fremont, Norfolk, Columbus and surrounding areas for the Omaha District.**

**Any previous Agencies that are no longer used by the Omaha, Fremont, Norfolk, Columbus and surrounding areas were deleted. Any new Resources were added to this Summary.**

**If, as a user of this summary, you become aware of a resource that is not listed, please contact the Omaha District Parole Office at (402) 595-2050 so that the resource can be evaluated and added to this document, as appropriate. Thank you for assisting Adult Parole Administration in keeping this document accurate.**

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**CRISIS LINES, INFORMATION AND REFERRAL SOURCES**

**Fire, Medical Emergency or Police.....911**

**Non-Emergency: Omaha Police Department .....444-5600**

**Adult Protective Services (Douglas/Sarpy County) .....595-3474**

**Child Savings Institute.....553-6000**

**Crime Stoppers .....444-7867**

**NE Council of Problem Gambling Help Line.....291-0980**

**NE State Patrol (Marijuana/Drug Hotline) ..... 1-800-742-9333**

**Poison Center.....955-5555**

**Suicide/Crisis Intervention .....572-2993**

**Women’s Center for Advancement (WCA) Crisis Line.....345-7273**

**YWCA – Domestic Violence/Sexual Assault Hotline.....345-7273**

**OMAHA DISTRICT PAROLE  
COMMUNITY RESOURCE SUMMARY – YEAR 2016**

**ALCOHOL/DRUG PROGRAMS – Non-Residential**

**ADLERIAN CENTER - 11911 Arbor Street, Omaha, NE 68144 – PH: (402) 334-3044**  
Substance abuse and mental health counseling

**BAILEY COUNSELING – 1941 S 42<sup>nd</sup> Street Suite 528 Omaha, NE – PH: (402) 504-3242**  
Provides substance abuse interventions, substance abuse evaluations, alcohol and drug education classes, Level I and II Outpatient Treatment, Aftercare and a treatment and mental health team.

**CENTER FOR HOLISTIC DEVELOPMENT – 6663 Sorenson Parkway, Omaha 68152 – PH: (402) 453-6869; Fax - (402) 453-6768; 6502 Sorenson Parkway, Omaha, NE 68152 – (402) 502-9788; Fax – (402) 502-3450 <http://www.chdomaha.org/>**  
Offers counseling for individuals, couples and family issues, Mental Health, SAP, Parenting, and Support Groups for Women and Children, Teen Leadership Groups, Tobacco Prevention Groups, Homicidal Grief Support Groups. Also, provides screening for Post Traumatic Stress Disorder, ADHD Evaluation, Screening for Alcohol/Depression/Bi-Polar/Anxiety. Free Screening Services and Support Groups.

**CHARLES DREW HEALTH CENTER – 2915 Grant Street, Omaha 68111 – PH: (402) 451-3553; Fax - (402) 453-1970; [www.charlesdrehcomaha.org](http://www.charlesdrehcomaha.org) 1702 Nicholas, Omaha, NE 68102 - (402) 346-8401; Homeless Clinic – 2915 Grant St., Omaha - (402) 451-3553; ; Benson Community Health Center – 5420 NW Radial Highway, Omaha, NE 68104 – (402) 558-9242; Medical Clinic – 1111 North 17<sup>th</sup> Street, Omaha, NE – (402) 346-8401 or (402) 345-9860 (Refer to supplemental packet)**  
The center offers medical and dental services, community outreach activities. CDHC meets the needs of a large segment of Omaha's under served and under privileged population. CDHC embraces the service philosophy of providing affordable, quality, family health care by acknowledging the dignity of the individual, strength of family, and the supportive network of the community. Charles Drew Center offers a homeless day house clinic, providing health care services and limited case management services, substance abuse services, referral for inpatient services, mental health services and outreach services.

**COMMUNITY COUNSELING SERVICES – University of Nebraska – Roskens Hall, Room 107, 60<sup>th</sup> & Dodge, Omaha, NE – PH: (402) 554-2727**  
Available service options include: individual, group, marital and family work with children, and couples counseling related to personal, familial, crisis, special concerns/needs, professional, and career/vocational issues. Additional referrals are made/available when needed.

**COMPASSION IN ACTION – 6119 Florence Blvd., Omaha 68111 – PH: (402) 502-9890 Fax - (402) 933-4501; [http://compassioninactioninc.com/Home\\_Page.html](http://compassioninactioninc.com/Home_Page.html)**  
This organization offers pre-release education, re-entry separation, and transitional support.

**EASTERN NEBRASKA OFFICE ON AGING – 4223 Center St., Omaha 68105 – PH: (402) 444-6444 <http://www.enoa.org/>**  
Offers free temporary assistance for people age 60 or older who are in need of health, transportation or employment program. They offer a Homemaker's Program, i.e., will straighten home, offer bath aide, offers Meals on Wheels to elderly on a sliding fee scale. This agency has, in the past, aided senior citizen Parolees.

**ENCAP (Eastern Nebraska Community Action Program) – 2406 Fowler Avenue, Omaha 68111 – PH: (402) 453-5656; After Hours – (402) 454-5656 ext. 238 [www.encapomaha.org](http://www.encapomaha.org)**  
Provides services for employment, education, housing, transportation, mental health treatment, substance abuse treatment, clothing, food pantry, and commodities, Toys for Tots and financial assistance for tx.

**FAMILY WORKS – Substance Abuse Treatment Center – 1016 Park Avenue, Suite 221 Omaha – PH: (402) 342-9555** Residential substance abuse treatment center for pregnant women and their young children. Do not have to be pregnant at the time of treatment, but need to have child(ren) that live with you.

**HATCHER & ASSOCIATES—Julie Hatcher, LIMHP, LADC – 3675 N 129<sup>th</sup> Street Omaha PH: (402) 312-4593** Outpatient substance abuse treatment and chemical dependency evaluations.

**HEARTLAND FAMILY SERVICES (Central Office) – 2101 S. 42nd St., Omaha 68105 – PH: (402) 553-3000 <http://heartlandfamilyservice.org/> Intake phone #: (402) 552-7400**

Offers Professional Counseling for Parent/Child Problems, Couples Relationships, Depression, and other Mental Health issues. Specializations include Geriatrics Counseling, Substance Abuse, Compulsive Gambling, Domestic Abuse, Divorce and Remarriage. They have numerous locations throughout the Metro Area and offer Community Education and Neighborhood Centers and Services. Offers DWI/OWI and MIP classes, and Parenting classes. Also, have a 24-hour crisis line and a safe haven shelter for women, offering a course, “Choosing Non-Violence”. They offer a sliding fee scale.

**HELEM’S COUNSELING & CONSULTING SERVICES – 3909 Cuming Street, Suite 202, Omaha 68131 – PH: (402) 933-2060**

Offers Individual, Family & their Children’s Counseling and Mental Health Therapy.

**INROADS TO RECOVERY – 2808 North 75<sup>th</sup> Street, Omaha 68134 – PH :(402) 932-2248 Email - [info@inroadstorecovery.net](mailto:info@inroadstorecovery.net); Website - [www.inroadstorecovery.com](http://www.inroadstorecovery.com)**

Assists individuals in finding their paths through change. Through a multi-dimensional process, the individual is challenged to work towards solutions to problems through individual, couples, family, group therapies, and medication management, programs centered on addiction and dual diagnosis or through our residential program.

**INTERTRIBAL TREATMENT CENTER – 2240 Landon Court., Omaha 68102 – PH :(402) 346-0902; Fax - (402) 342-5290 <http://nuihc.com/>**

This is a 45-day Inpatient Program, and a structured aftercare program for Native Americans. They offer SAP/Alcohol, and Out-Patient Evaluations. In-Patient treatment is for Native Americans only. Out-Patient Counseling is for everyone. Evaluations are on a sliding scale. They also offer Alcohol/Drug Education Assistance.

**JUAN DIEGO CENTER – 5211 S. 31<sup>st</sup> St., Omaha 68107 – PH: (402) 731-5413; Fax - (402) 731-5865;** Provides services for, but not limited to, Omaha’s community. Individual, The ministry offers emergency food pantry, small business training classes, non-legal immigration assistance, and services to acquaint women with our country: language, driver’s education and counseling. This center offers a Christmas Program for families that have a sponsor.

**LUTHERAN FAMILY SERVICES – 730 N. Fort Crook Road, Bellevue, NE 68147 – PH: (402) 292-9105; Fax - (402) 292-0342; 120 S. 24<sup>th</sup> Street, Omaha, NE 68102 - PH: (402) 342-7007; Fax - (402) 661-7117; 2401 Lake Street, Suite 110 Omaha, NE 68111 - PH: (402) 455-9757; Fax - (402) 455-0333; 4980 S. 118<sup>th</sup> Street, Suite C, Omaha, NE 68137 - PH: (402) 342-7007; Fax - (402) 894-4783; 1410 East Gold Coast Road, Suite 200, Papillion, NE 68046 - PH: (402) 592-0639; Fax - (402) 592-0014; On Wednesdays only (for substance abuse) – 546 Avenue A, Suite #1, Plattsmouth, NE 68048 - PH: (402) 296-3316; Fax - (402) 296-5556; [www.lfsneb.org](http://www.lfsneb.org)**

These centers offer one-day Alcohol/Drug Education Classes. Offers Comprehensive overview of the physiological, social and spiritual effects of alcohol and other drugs. Offers Out-Patient Alcohol/Drug & Dependency Treatment. Cost is \$60 deposit payable at time of registration. These facilities also offer outpatient treatment for those with psychiatric/psychological disorders. Mental health, pregnancy, respite care (families with a critically ill family member), family marriage counseling, anger control, sex offenders/victim counseling, and adoption services offered.

**MCCULLOUGH COUNSELING AND RECOVERY – 6415 Ames Ave. #C, Omaha, NE 68104 - PH: (402) 932-2537 [MCC3@cox.net](mailto:MCC3@cox.net)**

Offers Chemical Dependency Evaluations, Child & Adolescent Behavior, Cognitive Restructuring, 12-Step & Groups and Dual Diagnosis.

**PONCA TRIBE OF NEBRASKA – 2602 J Street, Omaha 68107 – PH: (402) 734-5275; Fax - (402) 734-5708; [www.poncatribene.org](http://www.poncatribene.org)**

Health and dental clinic

Provides holistic, caring, family centered and culturally sensitive services through education and counseling.

**NATIONAL SAFETY AND HEALTH COUNCIL – 11620 M Circle, Omaha, NE 68137 – PH: (402) 896-0454; Toll Free (800) 592-9004 [www.safenebraska.org](http://www.safenebraska.org)**

Offers 10 hour alcohol education program including victim impact panel, can be completed in a 2 or 3 day session. There is \$169 fee. Anger Management offered in three-3 hour sessions for a total of 9 hours. The cost is \$119. Making Appropriate Decisions classes' 8-hour class on Saturdays. The cost is \$99.

**SPECIALIZED SUBSTANCE ABUSE SUPERVISION (SSAS) – 1709 Jackson Street, Omaha, NE 68102; PH: (402) 599-2662; Fax – (402) 599-2650**

A collaborative effort between Nebraska State Probation and Nebraska Department of Corrections. It is through a screening process and review of behavioral, social and criminal histories that offenders are identified as eligible and suitable for the program. Offenders are ordered by the Courts to participate in the SSAS program as a term of their probation or by the Parole Administration as a special condition of their parole.

**SPENCE COUNSELING – 12035 Q Street, Omaha, NE 68137 – PH: (402) 991-0611; Fax - (402) 991-6228; EMERGENCY - (402) 657-1972 <http://www.spencecounselingcenter.com/>**

Spence Counseling PC is dedicated to helping people find the strength, knowledge, and skills to break the pattern in their lives that damage relationships and cause emotional pain. This agency works diligently to help clients discover these patterns and implement change. The agency strives to empower each person to learn the life skills that strengthen and enable them to maintain those changes.

**THERAPY RESOURCE ASSOCIATES – 10824 Old Mill Road #21, Omaha, NE 68154 – PH: (402) 330-6060; Fax - (402) 330-6108 [www.therapyresourceassociates.com/](http://www.therapyresourceassociates.com/)**

This agency specializes in all forms of addictions, i.e., sexual, food, chemicals, family, marital conflict, stress management, survival skills, self-awareness and communication skills, also anxiety, grieving, and depression problems.

**VETERAN'S HOSPITAL - Substance Abuse Treatment Center – 11<sup>th</sup> Floor, 4101 & Woolworth Avenue, Omaha, NE 68108 – PH: (402) 346-8800; Fax - (402) 977-5684**

Only Honorably Discharged Veterans will be served, if eligible, and will have to report income for the last year. Walk-Ins are welcome between 8 A.M. and 3 P.M. in Admitting Area.

## **RESIDENTIAL TREATMENT CENTERS**

**A.R.C.H., INC. (Alcoholics Re-Socialization Condition) – 604 S. 37<sup>th</sup> St. Omaha 68114 – PH: (402) 346-8898; Fax - (402) 346-1129 <http://www.archhalfwayhouse.org/index.htm>**

This is a private, non-profit organization, providing residential facilities for recovering Adult Male Alcoholics. Admission criteria are to be chemical free, and remain so, with a commitment to stay 90 – 120 days. Fees determined by residents and staff, and will not exceed \$140 per week. Director, Gordon Wicken helps with placement of individuals in a ¾ way house after completion of the program at A.R.C.H. Will accept sex offenders.

**CAMPUS FOR HOPE – 1490 N. 16<sup>th</sup> Street, Omaha, NE 68102 – PH: (402) 827-0570  
<http://www.ccomaha.org/centers/omaha-campus-for-hope>**

Operates under the United Catholic Social Services. Campus for Hope offers a de-tox unit and an intensive after care program for those completing the 28-day inpatient program for alcoholism and outpatient services. They also offer a long-term program, which runs six months to two years. Offers dual diagnosis residential treatment for substance abuse and mental health issues. Must have a face-to-face interview to get on the waiting list for the dual diagnosis residential program.

**INROADS TO RECOVERY – 2808 N 75<sup>th</sup> Street Omaha, NE 68134 - PH: (402) 932-2248**

Residential treatment for substance abuse issues. Short Term Residential is 30 Days. Long Term Residential is 60 Days.

**INTERTRIBAL TREATMENT CENTER – 2240 Landon Court, Omaha, NE 68102 – PH: (402) 346-0902**

This is a 45-day Inpatient Program, and a structured aftercare program for Native Americans. They offer SAP/Alcohol, and Outpatient Evaluations. In-Patient Program is for Native Americans only. Evaluations are on a sliding scale. Out-Patient Program is for everyone. They also offer Alcohol/Drug Education Assistance.

**NOVA TC, (New Options, Values & Achievements Therapeutic Community) – 8502 Mormon Bridge Road, Omaha, NE 68152 – PH: (402) 455-8303 [www.novatc.org](http://www.novatc.org)**

Provides quality behavioral health care for children, adolescents and adults whose lives have been adversely affected by family turmoil, substance abuse, and other psychosocial problems that endanger normal growth and healthy functioning. This is a 4-month long-term residential treatment center. They address alcohol and drug addictions, mental health and behavioral problems for men and women.

**OPEN DOOR MISSION/LYDIA HOUSE – 2828 N. 23<sup>rd</sup> East, Omaha, NE 68110 - Mission Phone – PH: (402) 422-1111; Lydia House Phone 2809 N 20th - (402) 829-1531; Fax - (402) 345-8511; [www.opendoormission.org](http://www.opendoormission.org) (Refer to supplemental packet)**

Transitional living quarters. The mission offers housing to the needy and is often used as a food pantry and clothing warehouse. Clients call on Wednesday mornings, beginning at 8:30 A.M. to set an appointment for the following Wednesday to go to the food pantry and clothing warehouse. This facility is located at 2828 N. 23 St., East Omaha, just across from the Omaha Work Release Center. This facility also offers a long-term Drug and Alcohol Rehabilitation program that uses a 12-Step method. This program is offered to single men, women and families. You must be homeless and reside at the facility to be eligible. This program is free.

**SIENNA FRANCIS HOUSE—MIRACLES PROGRAM - 1702 Nicholas St., Omaha, NE – PH: (402) 341-1821** The “Miracles” Treatment Center is an in-patient addiction recovery program for persons who wish to take this major life step. Based on the traditional 12-Step recovery model, this program is open to any adult (19 years of age, or older) man or women who sincerely wants help in changing his or her life by abstaining from any addiction, including alcohol, narcotics, gambling, eating disorders, co-dependency, etc. Any person who desires to participate in our “Miracles” Treatment Center must be willing to commit to stay at least 120 days in our residential program, enter our job training program, and provide 40 service hours per week in support of our shelter.

**STEPHEN CENTER-HERO PROGRAM – 5217 S 28<sup>th</sup> Street, Omaha, NE 68107 – PH: (402) 715-5440; Fax - (402) 715-5485; Shelter – 2723 Q Street, Omaha, NE 68107; (402) 731-0238;**  
**[www.stephencenter.org](http://www.stephencenter.org) <http://www.stephencenter.org/programs/hero-program/>**

The Stephen Center offers both a residential setting and counseling services, including chemical dependency and day-to-day living skills. They provide a 90-day Inpatient Drug/Alcohol and Domestic Violence program, which also teaches basic life skills. The Stephen Center is a dual diagnosis program that accepts people with substance abuse and mental health issues. For people without insurance, a free clinic is available to allow them to visit the doctor. Currently, they also offer an 8-week outpatient education program which includes alcohol/drug program, parenting classes, anger management, and more. Classes for intensive out-patient drug/alcohol are twice a week and the cost is on a sliding scale fee which is based on an individual’s income and number of dependents.

**VETERAN’S HOSPITAL-Substance Abuse Treatment Center –11<sup>th</sup> Floor - 4101 Woolworth Avenue, Omaha, NE 68105 – PH: (402) 346-8800; Fax - (402) 977-5684**

Only Honorably Discharged will be served, if eligible, and will have to report income for the last year. Walk-Ins are welcome between 8 A.M. and 3 P.M. in Admitting Area.

**A.R.C.H., INC. (Alcoholics, Re-socialization Condition) 1502 N. 58<sup>th</sup> St., Omaha, NE 68114 – PH: (402) 346-8898; Fax - (402) 346-1129 <http://www.archhalfwayhouse.org/>**

This is a private, non-profit organization, providing residential facilities for recovering Adult Male Alcoholics. Admission criteria are to be chemical free, and remain so, with a commitment to stay 90 – 120 days. Fees determined by residents and staff, and will not exceed \$100 per week. Director, Dick Finke helps with placement of individuals in a ¾ way house after completion of the program at A.R.C.H. They will accept sex offenders.

**CANKU LUTA – 2209 I Street Omaha, NE PH: – (402) 208-1804 Todd Waltemath**

Adult co-ed (male and female) transitional living home. Primarily Native American culture but will accept clients of all ethnicities into the home. Deposit is \$500 and rent is \$500 per month.

**CATHERINE RYLEE HOUSE – 4924 Capital Avenue, Omaha, NE 68106 PH: (402) 237-7482 to reach Cindy Goodrich, BS, LADC and PH: (402) 403-7709 to reach Amy Woods, BS, PLADC**

This is a transition home for women’s services and programming.

**CROSSROADS CONNECTIONS TRANSITIONAL LIVING - Underwood Hills Presbyterian Church – 1022 Park Avenue Omaha, NE 68114 PH: (402) 779-9642 Contact: Matt Anselmo.**

**<http://www.crossroadsconnectionne.org/home-1>** The goal of Project LIFE is to empower former inmates to live freely and successfully in society. The objectives toward reaching this goal are to provide transitional housing for 6 months for former male inmates, they must already have a job or have employment set up and waiting for them when they are discharged from prison, provide a weekly support group led by a professional counselor, and provide a solid faith community. Will accept sex offenders. Just call Matt to set up an interview and he will meet with the client to determine their eligibility. Cost is \$350/month which covers rent and basic utilities. Deposit is \$175. Residents must purchase their own food, cable and internet if they wish. They have 2 units which are each 2 bedroom, 2 bath units. House total 4 men in each unit. During the interview, residents must take accountability for their actions, explain where they’ve made mistakes in life,

have simple goals in life, be gainfully employed, attend group counseling Sunday morning, and attend a church service of their choice each week. Can be any religion of church service of their choice. If inmate is still incarcerated Matt will go to Lincoln or any of the prisons to conduct the interview

**FREEDOM ROAD HOUSE – 825 North 48 Street, Omaha, NE 68132 – PH: (402) 991-8044 Dave Floral <http://www.freedomroadhouse.com/>**

Freedom Road House is a ¾ Way House set up with the intent of preparing men to return to society and their families by becoming self-supporting, employed, law abiding members of the community. They can take 8 men total. Rent is \$110/week or \$400/month. Move-in deposit is \$220 and this also covers the first 2 weeks of rent. May accept sex offenders depending on the circumstance.

**NEW HOPE LIFE CENTER FOR WOMEN – 3507 Harney Street, Omaha, NE 68131 – PH: (402) 345-4673** It is a long-term transitional living home, minimum of 1 year commitment. Christian-based, trauma informed care, zero tolerance for romantic relationships, staffed 24/7, total of 8 residents at a time. If the client is unemployed, this facility will give them the first month's rent for free in order for the client to experience a safe environment, build community with the other women, experience cooking, relaxing, get medical appointments taken care of, they will be taken shopping at a clothing boutique, have time to job hunt, etc. They are very holistic in their approach and focus on healthy eating and exercise. Their case managers provide one year of aftercare follow-up. \$425/month room and board after they find a job.

**O.A.T.S./BELL HOUSE – 1816 Spencer, Omaha, NE 68110 – PH: (402) 813-2317**

Provides sober living for men and women. Individuals in the houses are required to complete outpatient criminal thinking/substance abuse, which equals to 80-90 hours of completed treatment. While in the house, clients are required to obtain full-time employment, attend 3-4 12-step meetings a week, and obtain a sponsor. The minimum commitment is 6 months.

**OXFORD HOUSE – 2320 E. St., Omaha, NE 68112 – PH: (402) 738-9912 [www.oxfordhouse.org/](http://www.oxfordhouse.org/)**

This is a transitional living Halfway House for those out of treatment or Prison. It is self-run, self-supporting, rents may vary at the different houses. There are currently several houses in the Omaha area. Clients are expected to have a treatment plan; including (4) or (5) AA or NA Meetings weekly, and they must get a sponsor. (Male and female referrals)

**RESTORED HOPE TRANSITIONAL HOUSE – 1954 Jones Street B3 Omaha, NE – PH: (402) 345-7306**

Restored Hope, located at 24th and Howard in Omaha, Nebraska, is a transitional living facility for single mothers and their children to build a bridge from a past life to new life. This Christ-centered ministry helps homeless and at-risk women to transform into stable, productive, spiritually grounded individuals with a renewed sense of self-worth and a positive outlook on their future.

**ARC (Adult Rehabilitation Center) SALVATION ARMY – 2551 Dodge Street, Omaha, NE 68131 – PH: (402) 342-4715 [www.givesalvationarmy.org/](http://www.givesalvationarmy.org/)**

Offers a 26-week long commitment for males only. Requirements include mandatory AA/NA or CA meetings, group therapy, Bible study and church services. Also required to work at a Salvation Army location or store as payment for room and board. Submitting to drug and alcohol testing is also mandatory.

**SANTA MONICA – 401 South 39<sup>th</sup> Street, Omaha, NE 68131 – PH: (402) 558-7088; Fax - (402) 558-7133**

Santa Monica is a Halfway House that provides therapy for women in recovery for substance abuse. It is the philosophy of the agency to treat the “whole” person, including mental, physical, social, emotional and spiritual. This is a program designed for women, ages 19 to 65. This program is accessible to those individuals who cannot afford or access a long-term treatment program. The program will last a minimum of six months. Based on 12-Step philosophy. The Director's name is Heather. There are 2 LADC's on site and several other staff at the house to assist the women. There are several flights of stairs, so the women they accept need to be physically able to climb stairs and walk to bus stops, etc. After a woman has settled in for about 2 weeks to 30 days, they have her start job seeking. Room and board is \$105/week. They are allowed

to smoke cigarettes outside the house. There is a big vegetable garden in the backyard and the ladies take turns tending the garden as well as household chores and cooking. Santa Monica is in the process of expanding and have purchased a 2<sup>nd</sup> house. They will have one of the houses be the Halfway House that they stay in for the first 6 months, and then they can transition into the other house, the ¾ way House, and they can have their children with them at the ¾ way house.

**SECOND CHANCE TRANSITIONAL LIVING – 2873 Hanover Street Omaha, NE – PH: (402) 612-8109 Contact: Tom Hamlin**

Provides transitional living for men transitioning out of prison into the community. They have two homes and can take up to 7 men per house. No sex offenders allowed. Face to face interview first, \$100 deposit, rent, utilities including cable and internet, food \$400/month. All they need is the \$100 deposit to move in. Then they have a couple of weeks to find a job before they have to pay their first month's rent. Must attend a church service of their choice each week. Can be any religion of church service of their choice.

**MURPHY'S TURNING POINT, Men's ¾ way house—1110 North 31<sup>st</sup> Avenue, Omaha, NE 68131 – PH: (402) 556-2612**

Turning Point is a ¾ way house for men only that offers sober & structured living for recovering alcoholics and drug addicts. Requires that participants have a desire to stay clean and sober and a willingness to make changes in their lives and behavior. Includes and/or available are AA, NA, CA meetings; group meetings; semi-private rooms, laundry, is near a bus line; and referrals for mental health and relapse prevention counseling and job counseling;

**THE 1212 HOUSE – 12810 Rainwood Rd, Omaha, NE. 68142; PH: (402) 393-7481 Owner: Tom Hightower** The 1212 House is a ¾ Way Home for men, which offers a chance at a new way of life with the respect, cooperation and support of fellow house members. No sex offenders allowed. Rent is \$110/week. \$150 move-in deposit. The 1212 House has 4 houses with 40 total beds.

**WOMEN'S CENTER FOR ADVANCEMENT – 3801 Harney St, Omaha, NE PH: (402) 345-7273 Women's Support Group on Monday evening from 6:00 pm-7:30 pm**

**MICHAEL HOUSE – Michael Corrado – President, 9007 F St, Omaha, NE PH: 402-917-0926**

## **ANGER MANAGEMENT**

**CAPSTONE BEHAVIORAL HEALTH – 1941 S 42<sup>nd</sup> Street Suite 514 Omaha, NE – PH: (402) 614-8444 press 1 for receptionist**

Capstone provides anger management sessions with 1:1 counseling, they do not have groups. Sliding scale fees do not apply for anger management. The cost is \$40 per session, there are 8 total sessions.

**EASTERN NEBRASKA COMMUNITY ACTION PARTNERSHIP (ENCAP) – 2406 Fowler Avenue Omaha, NE 68111 – PH: (402) 453-5656 ext 254 - Jill**

ENCAP provides individual anger management counseling sessions. The cost is \$80 total for 4 individual sessions.

**SPENCE COUNSELING CENTER – 12035 Q Street Omaha, NE 68137 – PH: (402) 991-0611**  
Spence Counseling Center provides 1:1 counseling for anger management/domestic violence. \$200 per session.

## CLOTHING

**CHRISTIAN OUTREACH PROGRAM – 3434 N 204<sup>th</sup> Street, Elkhorn, NE – PH: (402) 616-2330**  
Serves western Douglas County (west of 168<sup>th</sup> Street). Provides clothes, household goods, furniture, food pantry, rent and utility assistance. Hours are Monday, Wednesday, Friday and Saturday from 10:00 am to 12:00 pm.

**HEARTLAND FAMILY SERVICES – 2101 S 42<sup>nd</sup> Street, Omaha, NE – PH: (402) 553-3000**  
**[www.heartlandfamilyservice.org](http://www.heartlandfamilyservice.org)**  
Career Clothing Closet – (402) 451-6244 (Omaha/Council Bluffs). Call to schedule an appointment

**HEART MINISTRY CENTER – 2222 Binney Street, Omaha, NE 68110 – PH: (402) 451-2321.**  
Wednesday through Friday from 10:00 am to 1:00 pm. **<http://www.heartministrycenter.org/>**

**ST. VINCENT DE PAUL – 5037 S 24<sup>th</sup> Street, Omaha, NE 68102 – PH: (402) 346-5445**  
**<http://svdpomaha.com/stores.html>**  
Clothing assistance includes one change of clothing provided every 90 days per request; one free coat per year; walk in. Saturday 9 a.m. – 4:30 p.m. The pantry is located at 2101 Leavenworth and the hours are Tuesday and Thursday from 9:00 am to 12:30 pm.

**TOGETHER, INC. – 812 S. 24<sup>th</sup> St., Omaha, NE 68102 – PH: (402) 345-8047**  
**[www.togetheromaha.org](http://www.togetheromaha.org)**  
The Together Closet is a store that distributes household items, furniture (when available) and small electronics to the community. Food Pantry is available on Mondays, Wednesdays and Thursdays from 9:00 am to 1:00 pm and Tuesdays from 9:00 am to 7:00 pm. Rental and utility help is available by appointment only. Bring photo ID, social security card, and a current piece of mail.

## COMMUNITY ACTION

**BIG BROTHERS BIG SISTERS OF THE MIDLANDS – 10831 Old Mill Road, Suite 400, Omaha, NE 68154 – PH: (402) 330-2449; [www.bbbsomaha.org](http://www.bbbsomaha.org);**  
Mentoring program. We provide services to families at no cost to them. Our volunteers commit to maintaining the relationship with their Little Brother or Little Sister for a minimum of 1 year, getting together at least 2-4 times per month.

**CATHOLIC CHARITIES COMMUNITY SERVICES – PH: (402) 827-0570**  
**<http://www.ccomaha.org/>**

**UNITED WAY OF THE MIDLANDS, OMAHA AND LINCOLN - 1805 Harney, Omaha, NE 68102 – PH: (402) 342-8232; [www.uwmidlands.org](http://www.uwmidlands.org)**  
United Way addresses ten key issues in the Omaha-Council Bluffs-Bellevue metro area: basic needs, employment, housing and income, health, mental health, safety, volunteers and disaster, senior recreation, sexual assault and domestic violence, youth mentoring and parent education, youth recreation, and youth resources.

**UNO TRANSFORMATION PROJECT – 6001 Dodge Street, Omaha, NE – PH: (402) 554-3794;**  
**<http://www.unomaha.edu/unotransformation/index.php> or <http://www.nomorenumbers.org/>**  
The re-entry program is for serious and violent offenders currently incarcerated in state correctional institutions. Their mission is to provide in-prison and post-release services to male and female offenders who are reentering the Omaha community from Nebraska's prison system.

## **DOMESTIC VIOLENCE PROGRAMS**

**HEARTLAND FAMILY SERVICE – 302 American Parkway Papillion, NE – PH: Intake phone #: (402) 552-7400**

Choosing Non-Violence Group for Men: Tuesday evenings 5:30pm-7:00pm or 7:00pm-8:30pm  
Women Who Use Violence: Mondays 1:00pm-2:30pm

**JLS Counseling – 3020 Curtis Avenue Omaha, NE – PH: (402) 670-6039**

Men's Non-Violence Group 36 Weeks: Wednesdays 5:30-7:00pm or Thursdays 7:30pm-9:00pm  
Women Who Use Violence: Scheduled Individually  
Intake \$50, Weekly Group \$20

**ORR PSYCHOTHERAPY – 2401 Lake Street (Lake Point Center) Omaha, NE – PH: (402) 309-3230**

Men's Domestic Violence Intervention: Mondays at 6:00pm, Sundays at 12:30pm and 2:00pm  
Women's DV Intervention: Tuesdays at 3:00pm

**WOMEN'S CENTER FOR ADVANCEMENT – 222 S 29<sup>th</sup> Street Omaha, NE – PH: (402) 345-6555**

Men's Nonviolence Groups: Tuesday 6:00pm-7:30pm, Saturday 10:30am-12:00pm

## **EDUCATION ASSISTANCE**

**BELLEVUE UNIVERSITY – 1000 Galvin Road, Bellevue, NE 68005 – PH: (402) 293-2000; [www.bellevue.edu](http://www.bellevue.edu)**

**COLLEGE OF ST. MARY – 7000 Mercy Road, Omaha, NE 68106 – PH: (402) 399-2400 [www.csm.edu](http://www.csm.edu)**

**EASTERN NEBRASKA OFFICE ON AGING – 4223 Center Street, Omaha, NE 68105 – PH: (402) 444-6444; Fax - (402) 444-6503**

Offers free temporary assistance for people age 60 or older who are in need of health, transportation or employment program. They offer a Homemaker's Program, i.e., will straighten home, offer bath aide, offers Meals on Wheels to elderly on a sliding fee scale. This agency has, in the past, aided senior citizen Parolees.

**EDUCATION QUEST – 11031 Elm Street, Omaha, NE 68144 – PH: (888) 357-6300**

**[www.educationquest.org](http://www.educationquest.org) Must have an appointment.**

Assistance with FASFA – College Resources – Handbook for Adult Learner – Scholarship search on website

**ENCAP (Eastern Nebraska Community Action Program) – 2406 Fowler Avenue, Omaha, NE 68111 – PH: (402) 453-5656; Fax - (402) 451-3057; [www.encapomaha.org](http://www.encapomaha.org)**

Provides services for employment, education, housing, transportation, mental health treatment, substance abuse treatment, clothing, food pantry, and commodities, Toys for Tots and financial assistance for medication. Sliding scale for treatment.

**FAFSA – FINANCIAL AID – [www.fafsa.ed.gov](http://www.fafsa.ed.gov)**

**GRACE UNIVERSITY – 1311 S 9<sup>th</sup> Street, Omaha, NE 68108 – PH: (402) 449-2800 [www.graceu.edu](http://www.graceu.edu)**

**HEARTLAND WORKFORCE SOLUTIONS – 5752 Ames Ave. Omaha, NE 68104 – PH: (402) 444-4700; Fax - (402) 546-1705 <http://www.hws-ne.org/>**

Education & Job Assistance.

**ITT TECHNICAL INSTITUTE – 1120 N 103<sup>rd</sup> Plaza, Suite 200, Omaha, NE 68114 – PH: (402) 331-2900 or (800) 677-9260; Website – [www.ITT-Tech.edu](http://www.ITT-Tech.edu)**

ITT Technical Institutes, we are committed to helping men and women develop skills and knowledge to pursue opportunities in many of today's promising career fields, including electronics, drafting and design, criminal justice, business, information technology, health sciences and nursing.

**JOB CORPS – 4521 Leavenworth St., Omaha, NE 68105 – PH:(402) 926-2810; Fax - (402) 926-2814**

They provide comprehensive residential job training and education as long as person has been stable for one year and can meet the following qualifications: Must be 16-24 years of age and meet a lower income as set forth in Federal Guidelines.

**JUAN DIEGO CENTER – 5211 S. 31<sup>st</sup> Street, Omaha, NE 68107 – PH: (402) 731-5413; Fax - (402) 731-5865 <http://www.ccomaha.org/centers/juan-diego-center>**

Provides services for Omaha's community. The ministry offers emergency food pantry, small business training classes, non-legal immigration assistance, services to acquaint women with our country: language, driver's education and counseling. This center offers a Christmas Program for families that have a sponsor.

**LITERACY CENTER FOR THE MIDLANDS – 3615 Douglas St., Omaha, NE 68131 – PH: (402) 342-7323 <http://giveliteracy.org/>**

The Literacy Council provides tutors to assist people interested in improving their reading and writing skills in order to obtain their ABE or GED.

**METRO COMMUNITY COLLEGE – 3002 S. 24<sup>th</sup> Street Omaha, NE – PH: (402) 738-4065 Contact person is Diane Good-Collins, Re-Entry Program Manager**

**NEBRASKA VOCATIONAL REHABILITATION – 1313 Farnam-on-the-Mall, 3<sup>rd</sup> Floor, Omaha, NE 68102 – PH: (402) 595-2100 <http://www.vr.ne.gov/index.html>**

This state employment agency offers no cost employment services (vocational assessment, career planning, job search, employability skills training, and job retention support) to individuals experiencing a disability, which causes them problems with preparing for, getting, and/or keeping a job. **Disability can mean the person has a physical health problem, a mental health diagnosis, and/or learning disability, \*if the person was enrolled in special education during school it could indicate a learning disability.** These individuals can call to schedule a time for orientation to learn more about VR services and eligibility.

**OMAHA PUBLIC SCHOOLS – 3215 Cuming St., Omaha, NE 68131 – PH: (402) 557-2222 <http://www.ops.org/district/>**

Offers Adult Basic Education (ABE). There is no charge to the student for this instruction. The program has four major components:

1. Reading and basic instruction to review academic skills.
2. GED to earn a high school diploma.
3. English as a Second Language – learn to speak, read, and write English.
4. Citizenship instruction to prepare for becoming a citizen.

**When ready to test out, there is a \$40 testing fee.**

**UNIVERSITY OF NEBRASKA – OMAHA – 6001 Dodge Street, Omaha, NE 68182 – PH: (402) 554-2800; [www.unomaha.edu](http://www.unomaha.edu)**

**VATTEROTT COLLEGE – 11818 I Street, Omaha, NE 68137 – PH: (402) 891-9411 <http://www.vatterott.edu/omaha.asp>**

Vatterott offers programs in the fields of Business, Medical, Technical, Trades, Cosmetology, Dental, Legal, Personal Fitness, and Veterinary, as well as many continuing education opportunities. All programs are industry-relevant and designed to support the Vatterott mission of providing career skills for a better life.

## **EMERGENCY NUMBERS**

**AMERICAN RED CROSS HEARTLAND CHAPTER – (402) 343-7700; [www.redcrossomaha.org](http://www.redcrossomaha.org)**

**ADULT ABUSE – (800) 652-1999**

**ANIMAL ABUSE – (402) 444-7800 ext. 1 or 0**

**CHILD ABUSE – (800) 652-1999**

**FIRE/MEDICAL EMERGENCY – 911**

**HIV/AIDS NEBRASKA HOTLINE – (800) 782-2437**

**NEBRASKA URBAN INDIAN HEALTH COALITION, INC. – (402) 346-0902**

**POISON CENTER CHILDREN’S HOSPITAL – (800) 222-1222**

**POLICE – EMERGENCY – 911**

**POLICE – NON-EMERGENCY – (402) 444-4877**

**TDD/TYY – 711**

**UNITED WAY OF THE MIDLANDS - 211**

## **EMPLOYMENT ASSISTANCE**

**EASTERN NEBRASKA OFFICE ON AGING – 4223 Center Street, Omaha, NE 68105 – PH: (402) 444-6444; Fax - (402) 444-6503**

Offers free temporary assistance for people age 60 or older who are in need of health, transportation or employment program. They offer a Homemaker's Program, i.e., will straighten home, offer bath aide, offers Meals on Wheels to elderly on a sliding fee scale. This agency has, in the past, aided senior citizen Parolees.

### **EMPLOYMENT GUIDE**

This is a free weekly newspaper that is tailored specifically towards job opportunities in Nebraska. If copies run out, you can access the job listings by going to <http://www.employmentguide.com/>

### **EMPLOYMENT ON TEMPORARY BASIS:**

**Associated Staffing – 5012 L Street, Omaha, NE 68117 – PH: (402) 731-1466; Fax - (402) 731-0954**

<http://www.associated-staffing.com/>

**Aurstaff – 13609 California Street, Omaha, NE 68154 – PH: (402) 895-4422; Fax - (402) 895-1073**

<http://www.aurstaff.com/>

**Crown Services – 1941 S. 42<sup>nd</sup> Street, Suite 508 Omaha, NE 68105 – PH: (402) 553-6115; Fax - (402) 341-1649 [www.crownservices.com/office-32.html](http://www.crownservices.com/office-32.html)**

**Task Advantage Personnel Staffing – 4232 L Street, Omaha, NE 68107 – PH: (402) 733-8663;**

**Mature Resources – 11707 M Circle, Omaha, NE 68106 – PH: (402) 390-2399 Fax - (402) 891-1515**

**Omaha Work Staffing - 5015 Dodge Street, Omaha, NE 68132 – PH: (402) 731-8300; Fax - (402) 731-8400 <http://awstaffing.com/>**

**ENCAP (Eastern Nebraska Community Action Program) – 2406 Fowler Ave., Omaha, NE 68111 – PH:(402) 453-5656; Fax - (402) 451-3057; Contact: Alex Gray or Tara Tillman; Behavioral Health – Fax - (402) 455-1811; After Hours – (402) 454-5656 ext. 238; Website - [www.encapomaha.org](http://www.encapomaha.org)**

Provides services for employment, education, housing, transportation, mental health treatment, substance abuse treatment, clothing, food pantry, and commodities, Toys for Tots and financial assistance for treatment.

**FATHERS FOR A LIFETIME – 2912 Manderson St., Omaha, NE 68111 – PH: (402) 453-5300**

<http://www.fathersforalifetime.org/>

Fathers for a Lifetime is an Omaha Healthy Start Initiative created for men by men. The program is designed to promote the need for responsible fathering, provide fathers with education and training, link fathers with community-based resources and provide fathers with the opportunities to positively interact with their children.

**JOB CORPS – 1941 S 42<sup>nd</sup> Street, Suite 130, Omaha, NE 68105 – PH: (402) 926-2810; Fax - (402) 926-2814**

They provide comprehensive residential job training and education as long as person has been stable for one year and can meet the following qualifications: Must be 16-24 years of age and meet a lower income as set forth in Federal Guidelines.

**JUAN DIEGO CENTER – 5211 S. 31<sup>st</sup> Street, Omaha, NE 68107 – PH: (402) 731-5413; Fax - (402) 731-5865 <http://www.ccomaha.org/centers/juan-diego-center>**

Provides services for Omaha's community. The ministry offers emergency food pantry, small business training classes, non-legal immigration assistance, services to acquaint women with our country: language, driver's education and counseling. This center offers a Christmas Program for families that have a sponsor.

**LSW STRATEGIES – 2505 N. 24<sup>th</sup> St. #201, Omaha, NE 68110 – PH: (402) 934-4933**

**[www.lswstrategies1.com](http://www.lswstrategies1.com) Hours are Monday – Friday 9:00am to 5:00pm (appointment only on Saturday).** Provides small business consulting, personal and business coaching, and best practice training and development. Our programs and services are developed to meet the individual needs of our clients and include job readiness, educational and personal development training and support.

**NEBRASKA TRUCKING ASSOCIATION – P.O. Box 81010, Lincoln, NE 68501; PH: (402) 429-4902; Fax – (402) 476-0579 [www.nebtrucking.com](http://www.nebtrucking.com)**

The cost of intensive training is \$900. It takes 8 weeks to get a CDL (Commercial Driver's License).

**HEARTLAND WORKFORCE SOLUTIONS – 5752 Ames Ave. Omaha, NE 68104 – PH: (402) 444-4700; Fax - (402) 546-1705 <http://www.hws-ne.org/>**

Education & Job Assistance.

**NEBRASKA VOCATIONAL REHABILITATION – 1313 Farnam-on-the-Mall, 3<sup>rd</sup> Floor, Omaha, NE 68102 – PH: (402) 595-2100 <http://www.vr.ne.gov/index.html>**

This state employment agency offers no cost employment services (vocational assessment, career planning, job search, employability skills training, and job retention support) to individuals experiencing a disability, which causes them problems with preparing for, getting, and/or keeping a job. **Disability can mean the person has a physical health problem, a mental health diagnosis, and/or learning disability, \*if the person was enrolled in special education during school it could indicate a learning disability.** These individuals can call to schedule a time for orientation to learn more about VR services and eligibility.

**STAFF MID-AMERICA – 4315 Frances Street, Suite 300, Omaha, NE 68105 – PH: (402) 558-1760; Fax - (402) 558-1763 <http://www.staffmidamerica.com/>**

Permanent and temporary placements

**U.S. ARMY CROSSROADS PLAZA – 7634 W Dodge Street, Omaha, NE 68114 – PH: (800) USA-ARMY or Contact: Recruiter Station Commander, Staff Sergeant Wagoner at (402) 397-3890; Fax - (402) 397-1718**

The United States Army is interested in interviewing both men and women under the age of 35 years for enlistment. Mostly all criminal misdemeanor convictions and some criminal felony convictions can now be waived for the applicant's successful enlistment.

**URBAN LEAGUE OF NEBRASKA – 3040 Lake Street, Omaha, NE 68111 – PH: (402) 451-1066; Website – <http://www.urbanleagueneb.org/>**

Social service organization, employment department, education unit, and outreach services.

## **FEMALE ASSISTANCE PROGRAMS**

**ASSURE WOMEN'S CENTER – 6510 Sorensen Parkway Omaha, NE – PH: (402) 671-0506**  
Pregnancy counseling, options discussion, free ultrasounds, and STD testing

**CENTER FOR HOLISTIC DEVELOPMENT – 6663 Sorensen Parkway, Omaha 68152 – PH: (402) 453-6869; Fax - (402) 453-6768; 6502 Sorensen Parkway, Omaha, NE 68152 – (402) 502-9788; Fax – (402) 502-3450 <http://www.chdomaha.org/>**

Offers counseling for individuals, couples and family issues, Mental Health, SAP, Parenting, and Support Groups for Women and Children, Teen Leadership Groups, Tobacco Prevention Groups, Homicidal Grief Support Groups. Also, provides screening for Post-Traumatic Stress Disorder, ADHD Evaluation, Screening for Alcohol/Depression/Bi-Polar/Anxiety. Free Screening Services and Support Groups.

**COMPASSION IN ACTION (CIA) – P.O. Box 11483, Omaha, NE 68111 – PH: (402) 502-9890; Fax - (402) 933-4501; Contact: Teela Mickles**

This organization offers pre-release education, re-entry separation, and transitional support.

**ENCAP (Eastern Nebraska Community Action Program) – 2406 Fowler Ave., Omaha, NE 68111 – PH: (402) 453-5656; Fax - (402) 451-3057; Contact: Alex Gray or Tara Tillman; Behavioral Health – Fax - (402) 455-1811; After Hours – (402) 454-5656 ext. 238; Website - [www.encapomaha.org](http://www.encapomaha.org)**

Provides services for employment, education, housing, transportation, mental health treatment, substance abuse treatment, clothing, food pantry, and commodities, Toys for Tots and financial assistance for treatment.

**FAMILY WORKS – 1016 Park Avenue #221, Omaha, NE 68105 – PH: (402) 342-9555; Fax - (402) 342-4947; Contact: Heather Bird <http://heartlandfamilyservice.org/>**

The Family Works program allows mothers to keep their children with them as they go through an intensive residential program lasting 4-6 months. It is a unique arrangement that keeps families intact while giving mothers the intensive, professional support they need to get clean and stay sober. The program preserves and strengthens the mother-child attachment that is so critical to the child's safety, health and lifelong well-being. Priority is given to pregnant women and women with children under three years of age. Facilities in Omaha and in Council Bluffs provide housing, treatment, therapy and support to help mothers make long-term changes and ensure that babies are born drug-free. - See more at: <http://heartlandfamilyservice.org/what-we-do/programs-and-services/addictions/#substance-abuse-treatment-adults>

**JUAN DIEGO CENTER – 5211 S. 31<sup>st</sup> Street, Omaha, NE 68107 – PH: (402) 731-5413; Fax - (402) 731-5865 <http://www.ccomaha.org/centers/juan-diego-center>**

Provides services for Omaha's community. The ministry offers emergency food pantry, small business training classes, non-legal immigration assistance, services to acquaint women with our country: language, driver's education and counseling. This center offers a Christmas Program for families that have a sponsor.

**LYDIA HOUSE FOR WOMEN AND FAMILIES –2828 N. 23<sup>rd</sup> St. East, Omaha, NE 68110 - PH: (402) 422-1111 <http://www.opendoormission.org/about/programs>**

Open Door Mission's Lydia House expanded programs and services to meet people in their need and swing wide the door to a better place. The Lydia House also offers life-changing programs to address the causes of homelessness such as abuse, addiction, or the inability to obtain and maintain steady employment.

**MCCULLOUGH COUNSELING AND RECOVERY, 6415 Ames Ave. #C, Omaha, NE 68104 PH: (402) 932-2537**

Offers Chemical Dependency Evaluations, Child & Adolescent Behavior, Cognitive Restructuring, 12-Step & Groups and Dual Diagnosis.

**NEW HOPE LIFE CENTER FOR WOMEN – 3507 Harney Street, Omaha, NE 68131- PH: (402) 345-(4673) <http://www.newhopelifecenters.com/>**

Focuses on establishing a new paradigm for living. Women are encouraged to heal and grow, regardless of past pain and failure. They are given the tools needed to remain physically, mentally, emotionally and spiritually strong throughout the rest of their lives.

**O.A.T.S./BELL HOUSE – 1816 Spencer, Omaha, NE 68110 – PH: (402) 813-2317**

Provides sober living for men and women. Individuals in the houses are required to complete outpatient criminal thinking/substance abuse, which equals to 80-90 hours of completed treatment. While in the house, client's are required to obtain full-time employment, attend 3-4 12-step meetings a week, and obtain a sponsor. The minimum commitment is 6 months.

**OXFORD HOUSE – 2320, Omaha, NE 68107 – PH: (402) 738-9912**

**<http://www.oxfordhouse.org/userfiles/file/>**

This is a transitional living Halfway House for those out of treatment or Prison. It is self-run, self-supporting, rents may vary at the different houses. There are several houses in the Omaha area. Clients are expected to have a treatment plan; including (4) or (5) AA or NA Meetings weekly, and they must get a sponsor. (Male and female referrals)

**SANTA MONICA – 130 N 39<sup>th</sup> Street, Omaha, NE 68131 – PH: (402) 558-7088**

**<http://www.santamonicahouse.org/>**

Santa Monica is a transitional living facility that provides therapy for women in recovery for substance abuse. It is the philosophy of the agency to treat the “whole” person, including mental, physical, social, emotional and spiritual. This is a program designed for women, ages 19 to 65. This program is accessible to those individuals who cannot afford or access a long-term treatment program. The program will last a minimum of six months. Based on 12-Step program. **This program is for women only.**

**STEPHEN CENTER-HERO PROGRAM – 5217 S 28<sup>th</sup> Street, Omaha, NE 68107 – PH: (402) 731-0238; Fax - (402) 715-5485; Shelter – 2723 Q Street, Omaha, NE 68107; (402) 731-0238;**

**[www.stephencenter.org](http://www.stephencenter.org) <http://www.stephencenter.org/programs/hero-program/>**

The Stephen Center offers both a residential setting and counseling services, including chemical dependency and day-to-day living skills. They provide a 90-day Inpatient Drug/Alcohol and Domestic Violence program, which also teaches basic life skills. For people without insurance, a free clinic is available to allow them to visit the doctor. Currently, they also offer an 8-week outpatient education program which includes alcohol/drug program, parenting classes, anger management, and more. Classes for intensive out-patient drug/alcohol are twice a week and the cost is on a sliding scale fee which is based on an individual's income and number of dependents.

**WILLIAMS PREPARED PLACE – 3525 Evans Street, Omaha, NE 68111 – PH: (402) 991-3948; Fax - (402) 991-8162**

This is a transitional living facility for both men and women. It is a spiritual recovery program for individuals recovering from drug addiction and alcoholism who are willing to commit to a 6-month program.

**WOMEN'S CENTER FOR ADVANCEMENT—222 S 29<sup>th</sup> St, Omaha, NE - PH: (402) 345-7273**

Women's Support Group on Monday evenings from 6:00pm-7:30pm

## **FINANCIAL ASSISTANCE**

**CHRISTIAN OUTREACH PROGRAM – 3434 N 204<sup>th</sup> Street, Elkhorn, NE – PH: (402) 616-2330**  
Serves western Douglas County (west of 168<sup>th</sup> Street). Provides clothes, household goods, furniture, food pantry, rent and utility assistance. Hours are Monday, Wednesday, Friday and Saturday from 10:00 am to 12:00 pm.

**DOUGLAS COUNTY GENERAL ASSISTANCE – 4102 Woolworth Street, Omaha, NE 68105 – PH: (402) 444-6215 [www.co.douglas.ne.us/county/generalassist](http://www.co.douglas.ne.us/county/generalassist)**  
Offers temporary assistance for those in need of food, shelter, transportation and clothing. This service is used on an ongoing basis.

**ENCAP (Eastern Nebraska Community Action Program) – 2406 Fowler Ave., Omaha, NE 68111 – PH: (402) 453-5656; Fax - (402) 451-3057 After Hours – (402) 454-5656 ext. 238**  
**[www.encapomaha.org](http://www.encapomaha.org)**  
Provides services for employment, education, housing, transportation, mental health treatment, substance abuse treatment, clothing, food pantry, and commodities, Toys for Tots and financial assistance for treatment.

**FATHERS FOR A LIFETIME – 2912 Manderson St., Omaha, NE 68111 – PH: (402) 453-5300**  
**<http://www.fathersforalifetime.org/>**  
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Provides services for Omaha's community. The ministry offers emergency food pantry, small business training classes, non-legal immigration assistance, services to acquaint women with our country: language, driver's education and counseling. This center offers a Christmas Program for families that have a sponsor.

## **FOOD PANTRY AND HOUSEHOLD ITEMS**

**CHRISTIAN OUTREACH PROGRAM – 3434 N 204<sup>th</sup> Street, Elkhorn, NE – PH: (402) 616-2330**  
Serves western Douglas County (west of 168<sup>th</sup> Street). Provides clothes, household goods, furniture, food pantry, rent and utility assistance. Hours are Monday, Wednesday, Friday and Saturday from 10:00 am to 12:00 pm.

**COMMUNITY CUPBOARD MOBILE FOOD PANTRY – Countryside Community Church – 13130 Faith Plaza, Omaha, NE 68114 – PH: (402) 391-0350 <http://countrysideucc.org/our-ministries/community-cupboard/community-cupboard/>**

Open the first Saturday of each month from 10:00 a.m. to 11:30 p.m. Some form of ID required, and a utility bill (to prove residence).

**HEARTLAND HOPE MISSION – 2021 U Street, Omaha, NE 68107 – PH: (402) 733-2077; <http://heartlandhopemission.org/>**

Open to the public: Tuesdays from 6:30 p.m. to 7:30 p.m., Thursdays and Saturdays from 1:30 p.m. to 4:00 p.m.

Mission for All Nations is a faith-based charitable organization founded to put love into action by providing food, clothing, shelter and other necessities to people of all ethnic backgrounds who are in need.

**PROJECT HOPE, INC. – 6201 N 60<sup>th</sup> St, Omaha, NE 68111 – PH: (402) 453-7649; Fax - (402) 453-6788 <http://www.projecthopeomaha.org/>**

Project Hope is a member of the Omaha Pantry Association along with thirteen (13) other pantries in the Omaha metro area. As an emergency food pantry, we can help you every thirty (30) days, four (4) times in the year within the Omaha Pantry Association. Need to have a Photo ID, Social Security number, (for everyone in the household) and a piece of mail.

**SALVATION ARMY – 10755 Burt Street, Omaha, NE 68131 – PH: (402) 898-5900 – <http://www.givesalvationarmy.org/>**

The Materials Assistance Office offers food pantries, rent assistance, fire victim assistance, clothing vouchers, utility assistance, fans, household items vouchers and medication assistance.

**ST. VINCENT DE PAUL – 5037 S 24<sup>th</sup> Street, Omaha, NE 68102 – PH: (402) 346-5445 <http://svdpomaha.com/index.html>**

Applicants for rent, utilities or furniture will be referred to the Catholic Church in their neighborhood.

**TOGETHER – 1616 Cass Street, Omaha, NE 68102 – PH: (402) 345-8047 [www.togetheromaha.org](http://www.togetheromaha.org)**

Open to the public: Monday thru Thursday 9:00 a.m. to 1:00 p.m. and Tuesday 9:00 a.m. to 7:00 p.m. USDA is given out to anyone who needs it. However, each household is only eligible to receive pantry four (4) times per year in the entire metro Omaha area, with at least thirty (30) days between each pantry. The Together Closet also distributes donated clothing, household items, furniture (when available) and small electronics to the community.

**VINEYARD CHURCH FOOD PANTRY—5030 N 72<sup>nd</sup> Street Omaha, NE—PH: (402) 393-9077 [www.omahavineyard.org](http://www.omahavineyard.org)** Located at the Cross Training Center on the 3<sup>rd</sup> Saturday of every month from 9:30am-11:30am.

## **HEALTH CARE – PARTIAL LISTINGS**

**CHARLES DREW HEALTH CENTER – 2915 Grant Street, Omaha, NE 68111 – PH: (402) 451-3553; Fax (402) 453-1970; 1702 Nicholas, Omaha, NE 68102 - (402) 346-8401; Homeless Clinic – 1490 N 16<sup>th</sup>, Omaha, NE - (402) 345-9860; Website - [www.charlesdrewhomaha.org](http://www.charlesdrewhomaha.org) ; Benson Community Health Center – 5420 NW Radial Highway, Omaha, NE 68104 – (402) 558-9242; Medical Clinic – 1111 North 17<sup>th</sup> Street, Omaha, NE – (402) 346-8401 or (402) 345-9860**

The center offers medical and dental services, community outreach activities. CDHC meets the needs of a large segment of Omaha's under served and under privileged population. CDHC embraces the service philosophy of providing affordable, quality, family health care by acknowledging the dignity of the individual, strength of family, and the supportive network of the community. Charles Drew Center offers a homeless day house clinic, providing health care services and limited case management services, substance abuse services, referral for inpatient services, mental health services and outreach services.

Dental clinic is \$50 up front plus client would be billed an additional \$100 for routine dental exam and x-rays. Does not include a cleaning.

**CREIGHTON COMMUNITY HEALTH CENTER – 5420 NW Radial Highway, Omaha, NE 68104 – PH: (402) 558-9242**

**CREIGHTON DENTAL SCHOOL—Client needs to call the Assessment Clinic first to make an appointment at (402) 280-5924. The assessment appointment costs \$68 up front which includes x-rays and exam, but not cleaning. Client needs to bring a photo ID. If client wants a follow-up appointment with a dental cleaning this costs \$103.**

**DOUGLAS COUNTY HEALTH CENTER – 4102 Woolworth, Omaha, NE – PH: (402) 444-6215; Fax – (402) 444-7301; Website – [www.dhc.douglascounty-ne.gov](http://www.dhc.douglascounty-ne.gov)**

**EASTERN NEBRASKA OFFICE ON AGING – 4780 So. 13<sup>th</sup> Street, Omaha, NE 68105  
PH: (402) 444-6444; Fax - (402) 546-1840**

Offers free temporary assistance for people age 60 or older who are in need of health, transportation or employment program. They offer a Homemaker's Program, i.e., will straighten home, offer bath aide, offers Meals on Wheels to elderly on a sliding fee scale. This agency has, in the past, aided senior citizen Parolees.

**GENDLER EMERGENCY MEDUCATION SERVICE – 2101 S. 42<sup>nd</sup> St, Omaha, NE  
PH: (402) 451-6244**

GEMS provide free or low-cost prescriptions to individuals who need medication they cannot afford. Assistance is available primarily to individuals and families in the North Omaha area, who have no medical insurance and have exhausted all other resources available to pay for medicine. Members of the Heartland Family Service Senior Center are also eligible. Participants may be requested to share in the cost of their prescriptions; however, the service is offered on a sliding fee scale, based on and revised according to federal poverty guidelines.

**KOUNTZE MEMORIAL LUTHERAN CHURCH – 2650 Farnam St. Omaha, NE 68131 – PH: (402) 341-7761 <http://www.kmlchurch.org/>**

Currently the clinic is open on Thursday afternoons, from 4-6 p.m. Basic services, including treatment for diabetes, hypertension, hyperlipidemia, rheumatoid arthritis; stable coronary artery disease and osteoarthritis are being provided. Also, therapy and evaluation is provided for upper respiratory infections, urinary tract infections and related conditions, gastrointestinal disorders, acute sprains, acute dental problems, ear disorders and small lacerations. Refers individuals to the Magis Clinic.

**MAGIS CLINIC – Creighton University – 2500 California Plaza, Omaha, NE 68178 – PH: (888) 218-4692 – <http://medicine.creighton.edu/magis>**

Provides free healthcare and referrals to existing community services. Open on Saturdays (2:00 pm to 6:00 pm) that treat homeless men, women, children, and the medically uninsured.

**METHODIST RENAISSANCE HEALTH CLINIC – 3612 Cuming Street Omaha, NE – PH: (402) 354-3198 option 2, \$25 copay for non-homeless**

**NATIVE AMERICAN WIA – 2421 North 24<sup>th</sup> Street, Omaha, NE – PH: (402) 932-3351**

**ONE WORLD COMMUNITY HEALTH CENTER/HOPE MEDICAL OUTREACH COALITION – 4920 S. 30<sup>th</sup> Street, Omaha, NE 68107 – PH: (402) 734-4110; Fax - (402) 991-4652; Dental Office - (402) 932-7204; Pharmacy - (402) 502-5832; Pharmacy – Fax - (402) 502-5841**

**[www.oneworldomaha.org](http://www.oneworldomaha.org) (Refer to supplemental packet)**

Providing superior health care to the underserved and low income uninsured in the Omaha Metropolitan Area is the goal of the Hope Medical Outreach Coalition.

**THE NOAH CLINIC – 5620 Ames Avenue Omaha, NE 68104 – PH: (402) 933-0737**

All services are free at the Noah Clinic. They do Hepatitis C testing, then make the referral to healthcare providers who will do free/sliding scale fee Hepatitis C treatments. They also test for STDs and various other healthcare needs like cholesterol, blood pressure, diabetes, and give out free condoms.

**THE SHARING CLINIC – 804 S 52<sup>nd</sup> Street, Omaha, NE – PH: (402) 559-2666 [www.unmc.edu](http://www.unmc.edu)**

Provides primary health care to underprivileged populations in South Omaha. The SHARING Clinic operates every Tuesday night and schedules appointments at either 5:30pm or 6:00pm on Tuesdays. The SHARING Clinic has a psychiatric clinic on the 3<sup>rd</sup> Tuesday of each month. For more information or to make an appointment at the SHARING clinic, please call 402-559-2666.

**THE FOLLOWING ARE RESOURCES REFERRED BY HEALTH AND HUMAN SERVICES FOR PEOPLE LOOKING FOR FINANCIAL ASSISTANCE FOR EMERGENCY PRESCRIPTIONS.**

**FAMILY SERVICES – (402) 553-3000**

**LEAGUE OF HUMAN DIGNITY – (402) 595-1256**

**TOGETHER – (402) 345-8047**

## **HOUSING ASSISTANCE – Emergency/Non-Emergency**

**COMPASSION IN ACTION (CIA) – P.O. Box 11483, Omaha, NE 68111 – PH: (402) 502-9890; Fax - (402) 933-4501**

This organization offers pre-release education, re-entry separation, and transitional support.

**DOUGLAS COUNTY GENERAL ASSISTANCE – 4102 Woolworth Street, Omaha, NE 68105 – PH: (402) 444-7540; Fax - (402) 444-4541 [www.co.douglas.ne.us/county/generalassist](http://www.co.douglas.ne.us/county/generalassist) ; Intake Center – 1111 South 41<sup>st</sup> Street, Suite 220, Omaha, NE 68105 – (402) 444-6215; Fax – (402) 444-6332**

Offers temporary assistance for those in need of medical, shelter, rent, non-food items, transportation and clothing. This service is used on an ongoing basis.

**DOUGLAS COUNTY HOUSING – 5404 N 107<sup>th</sup> Plaza, Omaha, NE 68134– PH: (402) 444-6203; Fax – (402) 444-6600; Website – [www.douglascountyhousing.com](http://www.douglascountyhousing.com)**

Offering the CROWN housing for homeowners and Section 8 and public housing for temporary and permanent rental housing needs (felons not accepted into Section 8 or public housing).

**FAMILY HOUSING ADVISORY SERVICES – 2401 Lake Street, Omaha, NE 68111 – PH: (402) 934-7921 <http://www.fhasinc.org/>**

Family Housing Advisory Services, Inc., (FHAS) provides top-notch impact-oriented housing services to about 9,000 low-to-moderate income individuals annually, changing lives, revitalizing communities, and developing lifelong skills. Housing services range from homeless assistance to home ownership, foreclosure prevention, reverse mortgage counseling, rent and utility assistance, financial management and individual development accounts. Programs and services offered: Tenant Services, Fair Housing Center, Homeowner Education Program, Financial/Asset Management, and Omaha Earned Income Tax Credit. Housing Helpline for rent/utility assistance only PH: (402) 934-6763.

**HEARTLAND FAMILY SERVICE - Rapid Rehousing – 6720 North 30<sup>th</sup> Street, Omaha, NE 68112 – PH: (402) 934-2273 [www.MACCHomeless.org](http://www.MACCHomeless.org)**

Provides assistance to rapidly re-house persons who are experiencing homelessness. Temporary financial assistance (1-12 months) and supportive services are provided. Resources are targeted and prioritized to serve households that are most in need of this temporary assistance and are most likely to achieve stable housing after the assistance concludes. To be eligible, applicants must reside in Douglas or Sarpy counties in Nebraska, or Pottawattamie County in Iowa AND be literally homeless.

**MAKE A DIFFERENCE: OUTREACH CENTER TRANSITIONAL PROGRAM – PO Box 11274, Omaha, NE 68111 – PH: (402) 208-2197; Fax - (402) 561-6481**

The mission of MAKE A DIFFERENCE is to help men/women upon being released from prison by providing temporary housing while they look for employment.

**MISSION CHURCH HOPE HOUSES – 2021 North 33<sup>rd</sup> Avenue, Omaha, NE #68112 and 2702 Laurel Avenue, Omaha, NE 68112. Transitional Living Houses for Men. Contact: Teela Mickles at PH: (402) 502-9890 (office) or PH: (402) 515-5277 (cell).**

**OMAHA HOUSING AUTHORITY – 540 S 27<sup>th</sup> Street, Omaha, NE 68105 – PH: (402) 444-6900; [www.ohauthority.org](http://www.ohauthority.org)**

Permanent housing services provided through the Section 8 program. Temporary housing provided through the Public Housing/Scattered Site Program

**OPEN DOOR MISSION/LYDIA HOUSE – 2706 N. 21<sup>st</sup> East, Omaha, NE 68110 - Mission PH: (402) 422-1111; Lydia House 2809 N 20<sup>th</sup> PH: - (402) 829-1531 <http://www.opendoormission.org/>**

Transitional living quarters. The mission offers housing to the needy and is often used as a food pantry and clothing warehouse. Clients call on Wednesday mornings, beginning at 8:30 A.M. to set an appointment for the following Wednesday to go to the food pantry and clothing warehouse. This facility is located at 2828 N.

23 St., East Omaha, just across from the Omaha Work Release Center. This facility also offers a long-term Drug and Alcohol Rehabilitation program that uses a 12-Step method. This program is offered to single men, women and families. You must be homeless and reside at the facility to be eligible. This program is free.

**HOUSING.NE.GOV – Places to Rent – Contact Casa DeDiaz – 4107 S. 22<sup>nd</sup> St, Omaha, NE 68107  
PH: (402) 706-1847**

**SAFE HAVEN DOMESTIC ABUSE SHELTER – 2101 S 42<sup>nd</sup> Street, Omaha, NE – PH: (402) 553-3000 or (800) 523-3666; Website – [www.heartlandfamilyservice.org](http://www.heartlandfamilyservice.org)**

Services at the Heartland Family Service Safe Haven Transitional Shelter are provided to victims of domestic violence as a means of protecting victims from the threat of further abuse. Residents may stay up to two years while they stabilize their living situation. The Safe Haven can accommodate 20 women and children at one time. Residents attend weekly individual therapy sessions, as well as groups teaching life skills and stress management. Safe Haven residents are assisted by program staff to develop short and long -term planning goals such as securing employment or other financial assistance and seeking permanent housing. Caseworkers work with the clients in identifying options that are available while connecting them with other agency and community services to empower them to succeed.

**VALUE PLACE– 6855 S 118<sup>th</sup> Street, Omaha, NE – PH: (402) 504-3800; 2703 Sampson Way, Bellevue, NE – (402) 991-5050; 2050 Fletcher, Lincoln, NE – (402) 438-7000**

Value Place extended hotels are safe, clean and affordable for anyone who needs temporary housing. There are laundry facilities on site as well as every room being equipped with a full refrigerator. Weekly rates start as low as \$189.

**YOUTH EMERGENCY SERVICES (YES) – 2679 Farnam Street, Suite 205, Omaha, NE 68102 – PH: (402) 345-5187; Drop Ins - 2602 Harney Street, Omaha, NE 68102 – (402) 505-6922  
[www.yesomaha.org](http://www.yesomaha.org)**

**MAGDALENE HOUSE – 113 No. 18<sup>th</sup> St, Omaha, NE 68102, Executive Director: Teresa Houser  
[www.Magdaleneomah.org](http://www.Magdaleneomah.org) [www.Magdaleneomaha.org](http://www.Magdaleneomaha.org)**

**SOBER SOLUTIONS – Morris (House Manager) PH: (402) 812-8896 <https://solutionssoberliving.org>**

## **LEGAL ASSISTANCE**

**NEBRASKA STATE PATROL HEADQUARTERS CRIMINAL IDENTIFICATIONS DIVISION – 1600 NE Highway 2, Lincoln, NE 68502 – PH: (402) 471-4545**

**LEGAL AID OF NEBRASKA – 209 S. 19<sup>th</sup> St. #200 Omaha, NE 68102 - PH: (402) 348-1069  
<http://www.legalaidofnebraska.com/>**

Legal Aid of Nebraska is a statewide organization and serves all 93 counties. We have 64 employees in eight office locations in Omaha, Bancroft, Lincoln, Norfolk, Grand Island, North Platte, Scottsbluff and Lexington. They deliver innovative, specialized programs in order to strengthen the community and aid those who have been pushed to the margins of self-sufficiency.

**THE NEBRASKA STATE BAR ASSOCIATION VOLUNTEER LAWYERS PROJECT – P.O. Box 81809 Lincoln, NE 68501 – PH: (402) 475-7091**

**<http://nebar.com/displaycommon.cfm?an=1&subarticlenbr=84>**

The Nebraska Bar Association operates Self Help Desks in county courthouses. All the Self Help Desk volunteers attorneys assist pro se litigants navigate the legal system. The attorneys may give

the individuals limited legal advice, talk them through the legal process and give them prepared forms. The Self Help Desk attorneys do not routinely draft forms or do legal research.

**NEBRASKA APPLESEED CENTER FOR LAW IN THE PUBLIC INTEREST – 941 O St. Lincoln, NE 68508 – PH: (402) 438-8853 <http://neappleseed.org/>**

Nebraska Appleseed is a nonprofit organization that fights for justice and opportunity for all Nebraskans. We take a systemic approach to complex issues – such as child welfare, immigration policy, affordable healthcare and poverty.

**THE FAMILY LEGAL PROJECT OF NEBRASKA – PH: (402) 718-7540** Sliding scale fees accepted for family legal issues.

## **MENTAL HEALTH SERVICES**

**BAILEY COUNSELING SERVICES – 1941 S. 42<sup>nd</sup> St. #528, Omaha, NE 68105 – PH: (402) 504-3242**  
Provides Alcohol and Drug Education classes, anger management classes, intensive outpatient and outpatient program, drug evaluations and aftercare treatment.

**CAPSTONE BEHAVIORAL HEALTH, P.C. – 1941 S. 42<sup>nd</sup> St. #514, Omaha, NE 68105 – PH: (402)614-8444 [www.capstonebehavioralhealth.com](http://www.capstonebehavioralhealth.com)**

Capstone Behavioral Health is a community and agency based mental health provider. We focus on strength-based, family focused approaches using evidence-based practices. There are many services we provide. Outpatient Substance Abuse and Mental Health Counseling, Intensive In Home Substance Abuse, and Mental Health Counseling, Family Support Work/Parent Education and Psychological Services.

**CENTER FOR HOLISTIC DEVELOPMENT – 6663 Sorenson Parkway, Omaha, NE 68152 – PH: (402) 453-6869 <http://www.chdomaha.org/>**

Offers counseling for individuals, couples and family issues, Mental Health, SAP, Parenting, and Support Groups for Women and Children, Teen Leadership Groups, Tobacco Prevention Groups, Homicidal Grief Support Groups. Also, provides screening for Post Traumatic Stress Disorder, ADHD Evaluation, Screening for Alcohol/Depression/Bi-Polar/Anxiety. Free Screening Services and Support Groups.

**CHARLES DREW HEALTH CENTER – 2915 Grant Street, Omaha, NE 68111 – PH: (402) 451-3553; Fax - (402) 453-1970; 1702 Nicholas, Omaha, NE 68102 - (402) 346-8401; Homeless Clinic – 1490 N 16<sup>th</sup>, Omaha, NE - (402) 345-9860; Website - [www.charlesdrewcomaha.org](http://www.charlesdrewcomaha.org) ; Benson Community Health Center – 5420 NW Radial Highway, Omaha, NE 68104 – (402) 558-9242; Medical Clinic – 1111 North 17<sup>th</sup> Street, Omaha, NE – (402) 346-8401 or (402) 345-9860 (Refer to supplemental packet)**

The center offers medical and dental services, community outreach activities. CDHC meets the needs of a large segment of Omaha's under served and under privileged population. CDHC embraces the service philosophy of providing affordable, quality, family health care by acknowledging the dignity of the individual, strength of family, and the supportive network of the community. Charles Drew Center offers a homeless day house clinic, providing health care services and limited case management services, substance abuse services, referral for inpatient services, mental health services and outreach services.

**COMMUNITY ALLIANCE – 4001 Leavenworth Street, Omaha, NE 68105 – PH: (402) 341-5128; Fax – (402) 341-0280; Website – [www.community-alliance.org](http://www.community-alliance.org)**

At Community Alliance, our sole focus is, and always has been on adults with mental illness. Our programs and services are designed to allow choices among a range of options, and to provide each person with the individualized resources and supports needed to achieve the next milestone.

**DOUGLAS COUNTY MENTAL HEALTH – 4102 Woolworth Ave. Omaha, NE 68105 – PH: (402)444-7612 <http://cmhc.douglascounty-ne.gov/cmhc-home>**

Our vision is to develop a partnership with you. While supporting your path toward recovery, we will strive to recognize individual needs in both the mental health and substance abuse arenas. At CMHC, we are committed to offering non-judgmental, adaptable services that transition as you do. We look forward to working alongside you to facilitate maximum potential for a healthy and sustainable lifestyle.

**ENCAP (Eastern Nebraska Community Action Program) – 2406 Fowler Avenue, Omaha, NE 68111 – PH: (402) 453-5656; Fax - (402) 451-3057; Contact: Alex Gray or Tara Tillman; Behavioral Health – Fax - (402) 455-1811; After Hours – (402) 454-5656 ext. 238; Website – [www.encapomaha.org](http://www.encapomaha.org)**  
Provides services for employment, education, housing, transportation, mental health treatment, substance abuse treatment, clothing, food pantry, and commodities, Toys for Tots and financial assistance for treatment.

**HELEM'S COUNSELING & CONSULTING SERVICES – 3909 Cuming Street, Suite 202, Omaha, NE 68131 – PH: (402) 933-2060; Fax - (402) 933-2061; Contact: Robert Helem**  
Offers Individual, Family, Group, Mental Health Therapy, Substance Abuse Counseling, Human Services and a Drug/Alcohol Education Program.

**LUTHERAN FAMILY SERVICES – 730 N. Fort Crook Road, Bellevue, NE 68147 – PH: (402) 292-9105; Fax - (402) 292-0342; 120 S. 24<sup>th</sup> Street, Omaha, NE 68102 - (402) 342-7007; Fax - (402) 661-7117; 2401 Lake Street, Suite 110 Omaha, NE 68111 - (402) 455-9757; Fax - (402) 455-0333; 4980 S. 118<sup>th</sup> Street, Suite C, Omaha, NE 68137 - (402) 342-7007; Fax - (402) 894-4783; 1410 East Gold Coast Road, Suite 200, Papillion, NE 68046 - (402) 592-0639; Fax - (402) 592-0014**  
These centers offer a one-day Alcohol/Drug Education Classes. Offers Comprehensive overview of the physiological, social and spiritual effects of alcohol and other drugs. Offers Out-Patient Alcohol/Drug & Dependency Treatment. Cost is \$60 payable at time of registration.  
These facilities also offer outpatient treatment for those with psychiatric/psychological disorders. Mental health, pregnancy, respite care (families with a critically ill family member), family marriage counseling, anger control, sex offenders/victim counseling, and adoption services offered.

**MENTAL HEALTH SERVICES OF NEBRASKA – Region 6 Recovery Center, 3801 Harney St., Omaha, NE – PH: (402) 444-6573 <http://www.regionsix.com/>**  
Provides an effective and efficient system of quality behavioral health services for the people of Cass, Dodge, Douglas, Sarpy, and Washington Counties. Responsible for the planning, developing, funding, monitoring and evaluating of behavioral health services in Cass, Dodge, Douglas, Sarpy and Washington County. This publicly funded behavioral health system includes mental health and substance abuse prevention, treatment and rehabilitation services provided by a network of providers, supported by federal, state and county dollars.



## **RENT/UTILITY ASSISTANCE**

**CHRISTIAN OUTREACH PROGRAM – 3434 N 204<sup>th</sup> Street, Elkhorn, NE – PH: (402) 616-2330**  
Serves western Douglas County (west of 168<sup>th</sup> Street). Provides clothes, household goods, furniture, food pantry, rent and utility assistance. Hours are Monday, Wednesday, Friday and Saturday from 10:00 am to 12:00 pm.

**DOUGLAS COUNTY GENERAL ASSISTANCE – 4102 Woolworth Street, Omaha, NE 68105 – PH: (402) 444-7540; Fax - (402) 444-4541 [www.co.douglas.ne.us/county/generalassist](http://www.co.douglas.ne.us/county/generalassist)**  
Offers temporary assistance for those in need of medical, shelter, rent, non-food items, transportation and clothing. This service is used on an ongoing basis.

**ENCAP (Eastern Nebraska Community Action Program) – 2406 Fowler Avenue, Omaha 68111 – PH: (402) 453-5656; After Hours – (402) 454-5656 ext. 238 [www.encapomaha.org](http://www.encapomaha.org)**  
Provides services for employment, education, housing, rent assistance, mental health treatment, substance abuse treatment, clothing, food pantry, and commodities, Toys for Tots and financial assistance for tx.

**FAMILY HOUSING ADVISORY SERVICES – 2401 Lake Street, Omaha, NE 68111 – PH: (402) 934-7921 <http://www.fhasinc.org/>**  
Family Housing Advisory Services, Inc., (FHAS) provides top-notch impact-oriented housing services to about 9,000 low-to-moderate income individuals annually, changing lives, revitalizing communities, and developing lifelong skills. Housing services range from homeless assistance to home ownership, foreclosure prevention, reverse mortgage counseling, rent and utility assistance, financial management and individual development accounts. Programs and services offered: Tenant Services, Fair Housing Center, Homeowner Education Program, Financial/Asset Management, and Omaha Earned Income Tax Credit. Housing Helpline for rent/utility assistance only PH: (402) 934-6763.

**HEART MINISTRY CENTER – 2222 Binney Street, Omaha, NE 68110 – PH: (402) 451-2321; Fax – (402) 502-3568; Website – [www.heartministrycenter.org](http://www.heartministrycenter.org)**  
Due to limited funds, financial assistance is available by referral only. Clients must participate in 30-minute financial assistance interviews.

**SAINT VINCENT DE PAUL - 14330 Eagle Run Drive Omaha, Nebraska 68164 – PH: (402) 496-7988**  
Provides rent and financial assistance at times.

**TOGETHER INC. – 1616 Cass Street, Omaha, NE 68102 – PH: (402) 345-8047; Fax; (402) 345-8055; Website – [www.togetheromaha.org](http://www.togetheromaha.org)**  
Rent, including first month's rent, and mortgage assistance are available March – October. Clients needing rent assistance should call (402) 345-8047 and press option 1 to reach the Rental Assistance voice mailbox. This voicemail goes over the guidelines and instructions. We begin accepting messages at midnight on the 1<sup>st</sup> of the month. Calls are returned in a first call/first serve basis until funds are distributed. If clients do not receive a call by the 15<sup>th</sup> of the month, we have run out of funds for that month and are unable to further assist. Clients must begin the process again the next month.

**WESTSIDE CHURCH - 15050 W Dodge Rd, Omaha, NE 68154 – PH: (402) 496-7833**  
Provides rent assistance at times.

## **SEX OFFENDER COUNSELING/PROGRAMS**

**COSA NEBRASKA – Circles of Support and Accountability – P.O. Box 31291, Omaha, NE 68131 – Contact [coordinator@cosanebraska.org](mailto:coordinator@cosanebraska.org)**

Exists to enhance public safety by assisting persons who have committed sex offenses to successfully rejoin the community and avoid reoffending. Offers practical skill building and relational support in order to assist a person convicted of a sex offense in maintaining safe behaviors. Addresses the needs of housing, obtaining employment or education, and socializing.

**WELLSPRING – 3612 Cuming Street, Omaha, NE 68131 – PH: (402) 898-5871; Fax - (402) 898-6026;** Wellspring is a Salvation Army Program that provides case management and therapy for men and women trying to get out of prostitution. This program is also provided to area jails and the NE. Correctional Center for Women.

## **SUPPORT GROUPS**

**AA (ALCOHOLICS ANONYMOUS), Central Headquarters – 4901 Dodge Street, Omaha, NE 68131 – PH: (402) 556-1880 <http://www.omahaaa.org/>**

**BRIDGING THE GAP – 4901 Dodge Street, Omaha, NE 68132 – PH: (402) 556-1879 <http://www.bridgingthegapnebraska.org/>** Contact person for staff only: Linda Busch (402) 677-6284  
Offers a temporary contact person, which is a sober member of AA. The contact will take you to several different meetings, answer any questions about the program and help you get acquainted with AA and its members in your area. To arrange a temporary contact we ask that you be within 60 days of discharge of the treatment/correctional facility which you are in. If you're going through outpatient group or counseling, you may contact us at any time.

**N.A. (NARCOTICS ANONYMOUS) – PH: (402) 660-3662 <http://www.eastern-nebraska-na.org/>**

**PULSE – People Uniting, Lending Support and Encouragement – P.O. Box 11506, Omaha, NE 68111 – PH: (402) 898-6053 <http://pulseomaha.wordpress.com/contact-information/>**

A network of professionals in the therapeutic and legal community who provide help to individuals and families on a sliding fee scale or pro bono, depending on circumstances. Some of the services include Pulse responding to trauma, peer support, and crisis intervention.

**SETTING THE CAPTIVES FREE – P.O. BOX 31333, Omaha, NE 68131 – PH: (402) 453-9050**

Our mission is to rescue, restore and release whole women and their children who have been broken. Support group held every first and third Saturdays of the month at The Salvation Army, 2424 Pratt Street at 6 P.M.

**HEARTLAND FAMILY SERVICE—302 American Parkway Papillion, NE—PH: (402) 291-6065**  
Support Group for Women Victims of Domestic Violence located at a church in Bellevue—(402) 291-6065

**WOMEN'S CENTER FOR ADVANCEMENT—222 S 29<sup>th</sup> St, Omaha, NE—PH: (402) 345-7273**  
Women's Support Group on Monday evenings from 6:00pm-7:30pm

## **TRANSPORTATION**

**DISABLED AMERICAN VETERANS – 4515 F Street, Omaha, NE 68117 – PH: (402) 731-4088**

**METRO AREA TRANSIT (MAT) – 2222 Cuming Street, Omaha, NE 68102 – PH: (402) 341-0800**

<http://www.ometro.com/>

Metro has a half-fare program for the handicapped, disabled, and elderly. Need to bring proof of disability such as Medicaid or Medicare card or SSI paperwork. If you don't have any proof you can print out paperwork from website and have your doctor or psychiatrist fill it out, then bring paperwork to Metro to get half price fares.

**NEBRASKA URBAN INDIAN HEALTH COALITION – PH: (402) 306-1124 – Call 24-hours in advance**

**RECONNECT, Inc.—1941 S. 42<sup>nd</sup> St. Suite 502 Omaha, NE - PH: (402) 934-4933**

Located inside Center Mall. Helps with transitioning to employment. Will give bus passes for employment/job seeking only.

## **MISCELLANEOUS SERVICES**

**CHILD SUPPORT SERVICES – 1701 Mercy Road Suite 310 Omaha, NE 68106 – PH: (877) 631-9973**  
Provides services to establish paternity and assists with enforcing child support payments. Contact Rick Waltemath with questions (402) 633-4120.

**COMMUNITY JUSTICE CENTER – 5625 O Street, Suite 114, Lincoln, NE 68510 – PH: (402) 429-1050; Contact: James Jones Jr.**

This is a restorative justice organization, which provides information and communication options to survivors of crime and offenders in Nebraska. Facilitates client victim impact classes and assists with employment skills.

**CREIGHTON UNIVERSITY – 2500 California Plaza, Omaha, NE 68131 – PH: (402) 280-2700**

The university offers counseling services for Parolees who are **employed** through Creighton University. Parolees employed primarily with food services/banquet set-up functions at the university have used this resource.

**FAIRSHAKE REENTRY RESOURCE CENTER WEBSITE – [www.fairshake.net](http://www.fairshake.net)**

**RELEAST MINISTRIES – P.O. Box 124, Nebraska City, NE 68410 – PH: (402) 616-3663**  
**[www.releast.com](http://www.releast.com)**

ReLeasT is a diverse group of believers from Nebraska and Iowa who share the same mission of heart - to assist people in dysfunction to come to know new life available through a personal relationship with God. Many of our ministry leaders and volunteers have been previously incarcerated, addicted, and living lives of total dysfunction. BUT GOD came in and saved them from the wreckage of their past lives and uses it to minister to people currently in those lifestyles.

**OMAHA OPPORTUNITIES INDUSTRIALIZATION CENTER, Inc. - 2724 North 24<sup>th</sup> Street, Omaha, NE 68110 – PH: (402) 457-4222**

Operates a skill training center to include courses in: CNA, medical office skills, MH aide, certified medication aide, homecare, CPR & First Aid, computer skills, GED, as well as supporting other community programs.

**PONCA TRIBE OF NEBRASKA – 2602 J Street, Omaha, NE 68107 – PH: (402) 734-5275**  
**<http://www.poncatribene.org/>**

Provides holistic, caring, family centered and culturally sensitive services through education and counseling.

**PROJECT EVERLAST – 7101 Mercy Road Omaha, NE – PH: (402) 384-4670**

Ages 14-26 for those aging out of the foster care system or who have been wards of the state. Provides social activities and peer support. Project Everlast also funds the program Opportunity Passport. Opportunity Passport is a financial management program/classes. The client has to have been in foster care after the age of 14 to qualify and age 26 is the cut-off age. They help you open a savings account and help you learn to budget and save money. They will match whatever you save. If you save money for a car they will quadruple that amount.

**SAFETY AND HEALTH COUNCIL – 11620 M Circle, Omaha, NE 68137 – PH: (402) 896-0454**  
**[www.safenebraska.org](http://www.safenebraska.org)**

Offers 10 hour alcohol education program including victim impact panel, can be completed in a 2 or 3 day session. There is \$169 fee. Anger Management offered in three-3 hour sessions for a total of 9 hours. The cost is \$119. Making Appropriate Decisions class's 8-hour class on Saturdays. The cost is \$99.

**THE NEBRASKA OMBUDSMAN – PO Box 94604, Lincoln, NE 68509 – PH: (402) 471-2035 or (800) 742-7690; Email - [ombud@leg.ne.gov](mailto:ombud@leg.ne.gov)**

Designed to investigate and resolve miscellaneous complaints relating to the actions of administrative agencies of Nebraska state government. Places emphasis on the need for informality in addressing complaints of citizens who bring their problems to the Ombudsman.

**THERAPY RESOURCE ASSOCIATES – 10824 Old Mill Road #21, Omaha, NE 68154 – PH: (402) 330-6060 <http://www.therapyresourceassociates.com/index.html>**

This agency specializes in all forms of addictions, i.e., food, chemicals, family, marital conflict, stress management, survival skills, self awareness and communication skills, also anxiety, grieving, and depression problems.

**UNO COUNSELING CLINIC – 6001 Dodge Street, Room 102-HPER Hall, Omaha, NE 68132 – PH: (402) 554-2727 <http://counseling.unomaha.edu/index.php>**

They provide family, marital, career, individual, and educational counseling. Fees are \$10 per individual and \$15 for two or more.

**VALUE PLACE HOTELS – 6855 S 118<sup>th</sup> Street, Omaha, NE – PH: (402) 504-3800; 2703 Sampson Way, Bellevue, NE – PH: (402) 991-5050; 2050 Fletcher, Lincoln, NE – PH: (402) 438-7000**

Value Place extended hotels are safe, clean and affordable for anyone who needs temporary housing. There are laundry facilities on site as well as every room being equipped with a full refrigerator. Weekly rates start as low as \$189.

**WELLSPRING – 3612 Cuming Street, Omaha, NE 68131 – PH: (402) 898-5871**

**<http://www.givesalvationarmy.org/programs-that-help/family-and-childrens-services/wellspring-program/>**

The Salvation Army's Wellspring program provides advocacy and therapeutic support to assist people out of the life of prostitution for men and women. The program collaborates with local shelters and treatment programs for groups and individual treatment offered through correctional institutions.

**HEALTH DEPARTMENTS**  
**CITY, COUNTY AND DISTRICT**

**Douglas County Health Department**

Adi Pour, Director  
1111 South 41<sup>st</sup> Street  
Omaha, NE 68105  
Phone: (402) 444-7471 Fax: (402) 444-6267 Email: [adi.pour@douglascounty-ne.gov](mailto:adi.pour@douglascounty-ne.gov)  
Web site: [www.douglascountyhealth.com](http://www.douglascountyhealth.com)  
(Douglas County/Omaha)

**Elkhorn Logan Valley Public Health Department**

Gina Uhing, Director  
Box 779 Wisner, NE 68791  
Phone: (402) 529-2233; Toll-Free: (877) 379-4400; Cell: (402) 841-8110  
Fax: (402) 529-2211 Email: [gina@elvphd.org](mailto:gina@elvphd.org)  
Web site: [www.elvphd.org](http://www.elvphd.org)  
(Burt County/Tekamah, Cuming County/West Point, Madison County/Madison, Stanton County/Stanton)

**Sarpy/Cass Department of Health and Wellness**

Dianne Kelly, Director  
701 Olson Drive/Suite 101  
Papillion, NE 68046  
Phone: (402) 339-4334; Toll Free: (800) 645-0134; Cell: (402) 681-6888  
Fax: (402) 339-4235 Email: [dkelly@sarpy.com](mailto:dkelly@sarpy.com)  
Web site: [www.sarpycasshealthdepartment.org](http://www.sarpycasshealthdepartment.org)  
(Cass County/Plattsmouth, Sarpy County/Papillion)

**Three Rivers Public Health Department**

Terra Uhing, Director  
2400 North Lincoln Street  
Fremont, NE 68025  
Phone: (402) 727-5396; Toll Free: (866) 727-5396; Cell: (402) 676-5396  
Fax: (402) 727-5399  
Web site: <http://threeriverspublichealth.org>  
(Dodge County/Fremont, Saunders County/Wahoo, Washington County/Blair)

## FREMONT COMMUNITY RESOURCE SUMMARY – YEAR 2016

### ALCOHOL/DRUG PROGRAMS

**ASSOCIATED COUNSELING – 748 N. Main St. Fremont, NE 68025 – PH: (402) 941-7016**

Services offered: Adolescent Counseling, Adult Counseling, Children Family & Relationship Counseling, Family Practice, Group Therapy, Individual Therapy, Outpatient Therapy.

**BETTER LIVING COUNSELING SERVICES – 245 E. 5<sup>th</sup> St. Fremont, NE 68025 – PH: (402) 753-2096 <http://www.betterlivingcounselinginc.com/>**

Offer treatment, assessment, psychotherapy, counseling, or equivalent activities for individuals, couples, family or groups of behavioral, cognitive, social, mental, or emotional disorders, including interpersonal and personal situations. Services for dual diagnosis, i.e. mental illness/developmentally disabled help to complete our therapy services. Initial assessments are conducted to determine mental or emotional disorders for the purpose of referrals and consultations. Alcohol/Drug Evaluations and IOP/OP Programs for Adults and Adolescents also offered.

**RIGGINS AND ASSOCIATES COUNSELING SERVICES – 230 E. 22<sup>nd</sup> St. Fremont, NE 68025 – PH: (402) 721-8805 [www.rigginsburger.com/](http://www.rigginsburger.com/)**

Provides quality mental health and addiction services as well as hope and healing in an outpatient setting for Eastern Nebraska.

**LUTHERAN FAMILY SERVICES – 1420 E. Military #100, Fremont, NE 68025 – PH: (402) 721-1774 <http://www.lfsneb.org/aboutlfs/locations/fremont.asp>**

Services: Individual, Couples and Family Counseling Services, Psychiatric medication evaluation and monitoring, Outpatient Substance Abuse Treatment, Chemical Dependency Evaluations.

**PARK PROFESSIONAL GROUP – 1239 N. Park St., Fremont, NE 68025 – PH: (402) 727-4886 <http://parkprofessionalgroup.com/>**

Serving Adults, Children, Adolescents and Families: Depression, Anxiety, Couple Therapy, Parenting, Child and Adolescent Issues, Trauma Recovery, Divorce, Reducing Stress Levels and Improving Self-Esteem, Strengthening Families, Alcohol and Drug Counseling, Loss and Bereavement, Spiritual Growth.

**PATHFINDER OUTPATIENT DRUG AND ALCOHOL SERVICES – 212 E 8<sup>th</sup> St., Fremont, NE 68025 – PH: (402) 721-1414**

Primary Focus: Mental health and substance abuse services. Services Provided: Outpatient Substance abuse treatment, Detoxification.

**RENEWAL MENTAL HEALTH SERVICES – 1835 E. Military Suite 117, Fremont, NE 68025 – PH: (402) 941-8882; 2405 S. 130<sup>th</sup> St., Omaha, NE 68144 – PH: (402) 891-8882, Fax: 402-891-8883; 3050 33<sup>rd</sup> Ave., Columbus, NE 68106 – PH: (888) 310-1344**

Marriage, Family, Child & Individual Counselors, Counseling Services, Mental Health Clinics & Information.

**INROAD TO RECOVERY - 320 E 22<sup>nd</sup> Street Fremont, NE 68025 – PH: (402) 932-2248**

**James Sewell MS PLMHP, Operations Manager;** At this time we are offering Out-patient therapy both Mental and Substance, IOP, and we will be starting Medication Management in the beginning of May 2014. Eventually we will also be offering a day program, Suboxone will be coming soon as well when Medication Management starts.

### **HEALTH CARE (PARTIAL LISTING)**

**DODGE COUNTY GENERAL ASSISTANCE – 435 N. Park St. #300, Fremont, NE 68025 –**

**PH: (402) 727-2731** Provides services regarding rent, utilities, and life-threatening medical needs.

**THREE RIVERS DISTRICT HEALTH DEPARTMENT – 2400 N. Lincoln Ave., Fremont, NE 68025**

**PH: (402) 727-5396** <http://www.threeriverspublichealth.org/>

They offer many services such as child and adult immunizations, women's and men's health services, health information, education, and referral. In addition, our work in disease surveillance, emergency preparedness, and public health advocacy are always at work; sometimes in the news, and sometimes behind the scenes.

**LIFE CHOICES – 1835 E. Military Avenue, Fremont, NE 68025 – PH: (402) 721-5551**

Provides pregnancy tests, maternity clothing, infant/baby furniture, diapers, formula assistance and parenting programs.

### **HOUSING ASSISTANCE**

**FREMONT HOUSING AGENCY – 2510 N. Clarkson St., Fremont, NE 68025 – PH: (402) 727-4848**

<http://www.fremonthousing.org/>

Assist families with safe, decent and affordable housing opportunities as they work toward self-sufficiency and improving the quality of their lives.

**COMMUNITY ALLIANCE HOUSING MANAGEMENT SERVICES – Regional Rental Assistance Program – 4001 Leavenworth St., Omaha, NE 68105 – PH: (402) 341-5128** <http://www.cahms.org/>

The Regional Rental Assistance Program (RRAP) is a state funded rental assistance program for individuals with serious mental illness who are very low income. Rental assistance and, in some cases, assistance with security or utility deposits is provided to assist an eligible individual or family to rent an apartment or house from a private landlord in the five county Region 6 area.

### **SUPPORT GROUPS**

**AL-ANON MEETINGS** - Visit website for updated meeting times and locations: [nebr-al-anon-alateen.org/](http://nebr-al-anon-alateen.org/) **PH: (402) 553-5033**

**AA MEETINGS** – Visit website for updated meeting times and locations: <http://www.area41.org/>  
**PH: (877) 226-3632**

**NA MEETINGS** - Visit website for updated meeting times and locations:  
<http://www.elkhornvana.com/id1.html> **PH: (402) 841-6014**

## MISCELLANEOUS SERVICES

**AMERICAN RED CROSS – 439 N. Main, Fremont, NE 68025 – PH: (402) 721-2386**  
Emergency services for natural disasters (flood, fire, tornado, etc.)

**DODGE COUNTY HEAD START PROGRAM – 1024 W. 23<sup>rd</sup> St., Fremont, NE 68025 – PH: (402) 721-9022 <http://www.neheadstart.org/>**  
Provide education, leadership and advocacy that positively impact the quality of life for Nebraska’s children, families and communities.

**THE BRIDGE DOMESTIC VIOLENCE SERVICES – 141 S. Union St., Fremont, NE 68025 – PH: (402) 721-4340 [bridgefromviolence.org](http://bridgefromviolence.org) Emergency Number: (888) 721-4340**  
To prevent and eliminate domestic violence and sexual assault. We work to enhance safety and to promote equality in relationships.

**LOW INCOME MINISTRY – 549 North H. St., Fremont, NE 68025 – PH: (402) 727-6884**  
Helps provide food, clothing, school supplies, household goods, (hygiene products, need HHS Verification Letter), minimal rent/utility assistance for qualifying persons.

**NORTHEAST NEBRASKA COMMUNITY ACTION PARTNERSHIP (WIC OFFICE) – 603 Earl St. Pender, NE 68047 – PH: (402) 727-0608 (Fremont office)**  
Nebraska WIC (Women, Infants, and Children) is the special supplemental nutrition program for women, infants and children.

## HEALTH DEPARTMENTS CITY, COUNTY AND DISTRICT

### **Polk County Health Department**

Darla Winslow, Director  
330 N. State St. Box 316  
Osceola, NE 68651  
**PH:** (402) 747-2211  
(Polk County)

### **East Central District Health Department**

Rebecca Rayman, Executive Director  
2282 E. 32<sup>nd</sup> Ave.  
Columbus, NE 68601  
**PH:** (402) 563-9224 ex. 210  
(Boone, Colfax, Nance, Platte counties)

### **Four Corners Health Department**

Vicki Duey, Executive Director  
2101 N. Lincoln Ave.  
York, NE 68467  
**PH:** (402) 632-2621  
(Butler, Polk, Seward, York counties)